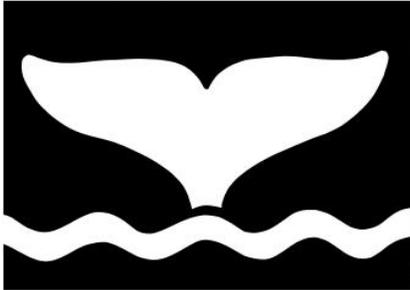


THE WHALE'S TALE

Frances Kelsey Secondary's
latest breaking news and views



CONTACT US:

250.743.6916

fkss.sd79.bc.ca

School Facebook page:

Frances Kelsey Secondary
School – FKSS

PAC Facebook page:

Frances Kelsey Secondary PAC



October 3, 2016

Vol. 22/No1

Welcome

By Jeff Rowan, Principal

Welcome to a new school year! Schedules are in place, our routines are being established and it is great to see the students working in their classes and getting involved in our extra curricular activities.

September has already been a busy month. Our Terry Fox run went very well, the Tour de Rock riders will make a stop over on October 5 and our “Meet the Advisor” evening was well attended. Running, volleyball and soccer have started up in our Athletics department, the yearbook students have been taking pictures of events, a choir club has had their first meeting (more voices always welcome) and the Red Cross Club’s Thanksgiving Food Drive is under way.

We have met with all grades and our message was to be engaged with your studies and stay current in your courses. We also encouraged them to take advantage of all the clubs, sports and opportunities available and to enjoy their school.

We want to work with parents to make sure all of our kids are successful. Please contact either teachers or administration via email or phone if you have questions. Staff email addresses and our daily announcements on the *Kelsey NewsBreaker* are available on our website at fkss.sd79.bc.ca. Again, we are looking forward to the rest of the year and all the exciting opportunities that will be coming up.

Please take note of the advance information regarding our Parent/Teacher Conferences on Thursday, November 3. Be sure to watch for information regarding appointment times.

Finally, we draw your attention to a letter to parents from the Minister of Education which can be found using the following link: <http://sd79.bc.ca/documents/2016/09/sept-2-2016-letter-from-minister-of-education.pdf>. Copies are also available at the Main Office.



Kelsey Calendar

September 30 – October 8, 2016

Kelsey Cancer Campaign

Monday, October 3, 2016

Whale’s Tale newsletter issued
8:00 a.m. Cancer Awareness Pancake
Breakfast

Tuesday, October 4, 2016

7:00 p.m. – Dry Grad parents meeting
in library

Wednesday, October 5, 2016

9:15 a.m. Tour De Rock Visit

Thursday, October 6, 2016

7:00 p.m. Cancer Awareness Movie
Night in gym

Monday, October 10, 2016

Thanksgiving Day

Wednesday, October 12, 2016

1:15 p.m. dismissal – Professional
Learning Community

Friday, October 14, 2016

Photo Retake Day

Monday, October 17, 2016

Grade 8 Exploratory 2 begins

Wednesday, October 19, 2016

7:00 p.m. PAC meeting in library

Thursday, October 20, 2016

10:15 a.m. Shake Out Earthquake
Drill

Friday, October 21, 2016

Pro-D Day

Tuesday, October 25, 2016

9:00 a.m. P.A.R.T.Y. Program

Wednesday, October 26, 2016

9:00 a.m. Foodsafe Course

Thursday, October 27, 2016

11:58 a.m. dismissal – Curriculum
Support Time

Thursday, November 3, 2016

2:15 p.m. dismissal

Parent/Teacher Conferences

For complete information about the school, visit our website at fkss.sd79.bc.ca

New Staff

We are pleased to announce the following staff have joined Frances Kelsey Secondary.
Welcome to you all!

Administration: Mrs. Julie Faye Parker (Vice Principal)

Teaching Staff: Ms. Carol Borrett (Art), Mr. Rick Groicher (Learning Assistance, English), Mr. Jordan Heath (Tech Education, English), Mrs. Sonja Van Hell (English, Drama), Mr. Aubrey Zeeman (Spanish, Science, Learning Assistance) and Mrs. Carmen Zimmer (Math)

Aboriginal Support Worker: Ms. Amanda Henry

Clerical: Mrs. Sarah Macdonald, Career Centre Clerk

We are happy to announce the return of Educational Assistants Ms. Naomi Barclay, Ms. Judith Belton, Mrs. Trish Carder, Ms. Deidra Cline, Mrs. Carol Rigden and Mrs. Shona Shadlock who were all able to retain their positions after the June reassignment meeting.

Our best wishes are extended to Ms. Tanya Ciofani, our long-time languages teacher who has worked at Kelsey since 1999 and recently moved to Italy. We also say goodbye to Mrs. Alice Kedves who was our Learning Assistance teacher for the past year and has transferred to Stelley's Secondary School in Saanichton. Likewise, we will miss Mrs. Mary-Ellen MacGregor (Education Assistant) who left us recently, as did Mrs. Claire Spencer who was our Career Centre clerk.

Scholarships and Bursaries

By Kevin van der Linden, Vice-Principal

The year starts early for our graduating students as they must now start thinking about University, College or other post-secondary choices for next year. Costs are a very important consideration when making these future plans. We will be working with our Grade 12 students this year to help them understand and to help them access all of the money that is available in the form of scholarships and bursaries.



In the near future, we will be scheduling a session for all Grade 12 students dealing with Grad Transitions, scholarships and bursaries where we will present information on the scholarship and bursary application process.

Scholarships are already being sent to the school and these will be available at all times in the Scholarship/Bursary filing cabinet which is located in the library. We will be advertising these opportunities on the daily *NewsBreaker* announcements, as well as posting notices on the scholarship board outside of the Career Centre.

We are very excited about the opportunities for our students and look forward to working with them this year!

Last June, our Graduates won over \$305,000 in scholarships and bursaries. Many of our students received Entrance Scholarships from the following universities and colleges: **Lindenwood University:** Cierra Paisley (\$10,000 U.S. funds); **Missouri State University:** Marina Ellison (\$78,000 U.S. funds); **Mount Royal University:** Kathryn Holford (\$1,000); **University of British Columbia:** John Felton (\$2,000); **University of Victoria:** Jessica Banasch (\$1,500), Jasper Custeau (\$1,500), Nick Hird (\$1,500), Aki

Marinakis (\$2,000), Daniel Nachtigal (\$1,500); Michelle Purchase (\$2,500); Dana Wiltsie (\$2,500); **Vancouver Island University**: Anna Brancato (\$10,000) and **Western University**: Egan Zhu (\$1,000).

School District #79 presented 17 scholarships of \$1,250 each to the following Kelsey Graduates: Samantha Blair-Speirs, Braemon Conville, John Felton, Samantha Furlonger, Malanya Hanson, Sarah Kaufmann, Olive Kiruiro, Alexandra Leuven, Delaney Marat, Aki Marinakis, Emily McComb, Griffin Meyer, Elisabeth Quinlan, Sarah Robinson, Parker Schmidt, Adam Townsend and Julia Urniezius.

Notable recipients of additional scholarships and bursaries were: Wynn Rederburg (\$100,500); Sarah Kaufmann (\$4,350); Delaney Marat (\$4,250); John Felton (\$3,250); Parker Schmidt (\$2,700); Jessica Banasch (\$2,500); Marina Ellison (\$2,450); Jade Canning (\$2,200); Rachel Price (\$2,050); Ben Brummitt (\$2,000); Isaiah Evertse (\$2,000); Katherine Holford (\$2,000) and Amanda Larsen (\$2,000). The International Student Scholarship was won by Kaige Chen (\$1,000).

Of the 220 Graduates this June, 195 students received Honours graduation certificates – which means that all students received a letter grade of B or better in all of their Grade 11 and 12 subjects.

All of us at Frances Kelsey Secondary School wish to sincerely thank all of our local donors for their generosity and hard work. Without your contributions, many students would not have the opportunity to pursue their careers at this time.

Application forms for the following scholarships and bursaries, which have deadlines in October and November, are available in the library filing cabinet:

- Lorán Scholars Foundation
- Horatio Alger Canadian Scholarship Program

For information about any scholarship or bursary, please see Mr. van der Linden.



The Magic Wand Project



Although 'Grad Banquet 2017' seems far off in the future, many secondary school students are already thinking about their gown or tuxedo. Every year there are young adults graduating who do not attend their banquet because of lack of financial means. Our school would like to try to identify these families in need of assistance to help their children enjoy this wonderful and deserving night.

Any parent, student, teacher, or friend may anonymously call our Principal, Mr. Rowan, or our Counsellors, Ms. Kirchner or Ms. Wright, at 250.743.6916 if they know of a student who is in need of our support.

The project has a great selection of gowns available for loan, access to free tuxedo rentals, as well as price-reduced hair and makeup services and a variety of shoes available.

There is one further opportunity for Grad this year! **Any** young woman may rent her dress from the “Magic Wand Project” for a nominal fee instead of buying one. For an appointment, contact Elizabeth at esurerus@telus.net, or view the website at www.themagicwandproject.ca or check out their information on Facebook.

We want to make sure every child has the opportunity to attend Grad festivities with pride and the wonderful sense of accomplishment that he/she deserves.

2016-2017 Dry Grad

2016-2017 DRY GRAD MEETING

Please join us at our first meeting on Tuesday, October 4 at 7:00 p.m. in the library. Everyone welcome! For more information contact Mr. Rowan at 250.743.6916, extension 229 or at jrowan@sd79.bc.ca



Frances Kelsey Parents Advisory Council

By Tanya Friese, President FKPAC



Welcome, parents, to a new high school year. By virtue of having a student at Kelsey, every one of you is a PAC member and we would love to have your input at our monthly PAC meetings. High school PAC is VERY different from Elementary - we do NO fundraising at all, leaving that to the various student-led clubs/sports groups. At meetings we decide how to spend our yearly gaming grant funding and discuss what has been happening at the school lately with our principal. It is a great way to stay informed on school events, express your accolades or concerns and meet other like-minded parents. Our next meeting will be Wednesday, October 19th at 7:00 p.m. in the library. Hope to see you there!

FKPAC

Please join us at our next meeting on Wednesday, October 19 at 7:00 p.m. in the library. For more information call Tanya at 250.999.6417 or email tanyarick@shaw.ca

A Month With No Parents

By Susannah Coons, Student

In July 2016, I was fortunate to attend the SHAD program and am now a part of the powerful Shad Fellow network of change makers. You might ask what is SHAD? SHAD is an intense summer program for exceptional high school students (Grade 10-12) focusing on STEAM (science, technology, engineering, art, and math) subjects, while building entrepreneurship skills. 12 universities coast to coast participate in the program. SHAD's mission is to empower exceptional youth to make the world a better place and instills the following values:

- Community - We were our own community and build long lasting relationships
- Diversity - Everyone brought something unique and valuable to the community
- Creativity - Expected to think outside the box and be innovative
- Excellence - Motivated in everything we did, and pushed ourselves to the limit
- Responsibility - Leadership and teamwork fell into place

I was selected to attend the oldest university in Canada, the University of New Brunswick. I shared a valuable learning experience with 68 high school students from across Canada. We lived together, ate together, and learned together, forming lifelong relationships.

It all began in September when I read about it in the Whale's Tale. I further researched the program and was convinced to apply, with no expectation of how intense the application process would be. It interested me because I would be challenged with like-minded peers expanding my knowledge in a variety of areas, building my leadership skills and opportunities, and joining a network of change makers. Not only were grades important, but they requested well rounded individuals. February 4th was memorable, I received an email proclaiming my acceptance into the program. 650 out of 1500 applicants were accepted from all across Canada. July 3rd couldn't come soon enough.

SHAD was an amazing, once in a lifetime experience. Spending time with students who are motivated and enthusiastic about everything and anything they do was wonderful. They were eager to learn, and always pushed each other outside of their comfort zones. When those type of individuals are combined, it transforms the entire atmosphere – it becomes energized, even at 6 a.m., or 12 a.m. I'll never forget pulling all nighters with my team, to create a project surpassing our limits. Although it sounds like a lot of work, it was fun – the people I shared this month with made it unforgettable. It was the longest, yet shortest, month of my entire life.

SHAD changed my life.

The deadline for SHAD application is November 28. For further information visit <http://www.shad.ca/About.htm>

Feel free to come talk to me, and don't forget to use me as an alumni when you apply!

Clubs and Activities

INTERACT CLUB

International Action, a service club for youth sponsored by the South Cowichan Rotary Club
Monday at lunch in room 135
Sponsor: Mr. van der Linden

JR GIRLS A VOLLEYBALL

Tuesday and Thursday after school and Wednesday morning
Sponsors: Mrs. Gillis, Dannie Richards

JR GIRLS B VOLLEYBALL

Tuesday and Thursday after school
Sponsor: Ms. Parker

SR GIRLS VOLLEYBALL

Practices: TBA
Games: TBA
Sponsors: Mrs. Webb, Andrea Dougan

SR BOYS VOLLEYBALL

Practices Tuesday and Thursday at 3:30
Sponsor: Ms. Baker
Coach: Mr. Reed

STUDENT PARLIAMENT

Wednesday at lunch in room 208
Sponsors: Mr. Hart, Mr. Kelly

RED CROSS CLUB

Tuesday at lunch in room 131
Sponsors: Mrs. Thompson, Mrs. Niziol, Ms. Dayton, Mr. Grbavec

AFTER-SCHOOL MATH HELP

Tuesday at 3:20 – 4:45 in room 136
Sponsor: Mr. Abbott
Tuesday and Thursday at lunch in room 132
Sponsor: Mrs. Webb

ANNUAL WEST COAST TRAIL TRIP EVERY MAY

Sponsors: Ms. May, Mr. Wilkinson
Notify sponsors ASAP if you are interested

JR & SR GIRLS FIELD HOCKEY

Monday and Wednesday at 4:00 p.m. at Cowichan Sportsplex
Sponsors: Ali Andersen, Melanie Brancato

S.A.D.D. – STUDENTS AGAINST DRINKING/ DISTRACTED DRIVING

Alternate Fridays at lunch in room 126
Sponsors: Ms. Lewthwaite, Mr. van der Linden

CROSS COUNTRY RUNNING TEAM

Practices Friday after school
Races: TBA
Sponsor: Mrs. Welwood

SR GIRLS SOCCER

Starts in the Spring
Sponsor: Mr. Hardman

JR BOYS SOCCER

Games Monday and Wednesday
Sponsor: Mr. Hardman

SR BOYS SOCCER

Refer to schedule
Sponsor: Mr. B. Johnston

GRAD EVENTS

Tuesday at lunch in library
Sponsors: Mrs. Robinson, Mr. Abbott,
Mr. Rowan

EXCHANGE OPPORTUNITIES

Including Encounters with Canada and
Rotary Club Youth Exchange
Ongoing all year long
Sponsor: Career Centre

BOOK BUZZ

Promoting reading and literacy
Last Thursday of the month
at lunch in the library
Sponsors: Ms. Baker and Mrs. Bonner

INTRAMURAL LUNCH HOUR GAMES

Opportunities to play, umpire and spectate
Ongoing: Sponsors vary. See any PE staff
member or refer to *NewsBreaker*

VITAL YOUTH CLUB

Sponsoring charities; supporting the community
Thursday at lunch in room 135
Sponsor: Mr. Abbott

DISTRICT STUDENT ADVISORY COUNCIL

1st Wednesday of each month at
School Board Office
Sponsor: Mr. van der Linden

HEALTHY SCHOOLS NETWORK

Stay tuned to the *NewsBreaker* for information
Sponsors: Ms. Roach, Mr. Grbavec

TRACK AND FIELD

Starts in the Spring
Coach: Mrs. Gillis

JR & SR GIRLS RUGBY

Practices Tuesday and Wednesday at 3:30
Games TBA
Sponsor: Mr. Kelly
Coach: Dylan Clarkson

BECAUSE I AM A GIRL

Gender Equality Club – open to everyone
Last Wednesday of the month in room 132
Sponsor: Mrs. Webb

DANCE CREW

Wednesday at lunch in room 145
Sponsor: Mrs. Welwood

KNITTING FOR GOODNESS SAKE

Wednesday at lunch in room 148
Sponsor: Mrs. Smith

FKSS TECH CLUB

Monday at lunch in room 122
New members welcome
Sponsor: Mr. Grbavec

WHISTLER SKI CLUB for Grades 8 - 10

Meetings will begin in October
Sponsors: Ms. Roach, Mr. Niessen

SR GIRLS BASKETBALL

Begins end of October
Sponsor: Mr. Abbott

JR BOYS BASKETBALL

Begins end of October
Sponsor: Mr. Hardman

HOCKEY ACADEMY

Sponsor: Mr. A. Johnston

WHALERS' SENIOR ICE HOCKEY

Sponsor: Mr. A. Johnston

LEATHERWORKERS' CLUB

(for those registered in current
Leatherwork Course)

Daily at lunch in room 148

Sponsor: Mrs. Smith

CHESS CLUB

Wednesday at lunch in room 122

Drop in to play

Sponsors: Mr. Grbavec, Mr. Zeeman

TIMES COLONIST 10K

See Ms. May to register

G.S.A. – GAY STRAIGHT ALLIANCE

Monday at lunch in room 118

Sponsors: Ms. Chapman, Ms. Kirchner

**C.A.N. CLUB – CANCER AWARENESS
NETWORK**

Raising money for BC Children's Hospital
Oncology Unit and Ronald McDonald House

Wednesday at lunch in room 223

Sponsor: Mrs. Robinson

K.F.C. CLUB – KELSEY FILM CREW

Thursday at lunch in library

Sponsor: Mr. Parker

TENNIS CLUB

Starts in the Spring

Sponsor: Mr. Abbott

DEBATE CLUB

Alternating Tuesdays at lunch in room 210

Sponsor: Ms. Lewthwaite

FRANCES KELSEY CHOIR

Monday and Friday at lunch in Band room

Sponsor: Mrs. Weckesser

Did you know that we are on Instagram, Twitter and Facebook as well as having a school webpage? The webpage (fkss.sd79.bc.ca) gives a weekly overview and the others are daily updates. Our Twitter handle is @fksssocialmedi1 (the last character is the number "1"), our Instagram page is @fksssocialmedia and our Facebook page is Frances Kelsey Secondary School – FKSS

Our Chess Club is in need of more chess boards and pieces. If you have an extra chess set at home which you could donate, please send it to Mr. Grbavec or Mr. Zeeman. Thank you!

Community Notices

Are you interested in being a Noon Hour Supervisor with School District 79? We are recruiting! The requirements are a current St. John Ambulance Emergency First Aid (OFA level 1) or equivalent and Grade 12 or Grade 11 plus vocational courses. This is a CUPE local 5101 position with a pay rate as of July 1, 2016 at \$22.64 per hour. A clear Criminal Record Check for Working with Children and Vulnerable Adults will be required along with a clear medical check for successful candidates. Applications to include current resume; covering letter indicating how you specifically meet our requirements; copy of First Aid certificate; names, numbers and emails of three work-related references with your permission to contact. Please apply to Vanessa Lysne, Human Resources Officer hrcupeusw@sd79.bc.ca.

Host Family Opportunities - The Cowichan Valley School District's International Student Program is looking for families who would like to host a student for the 2016-17 school year. We have long term and short term winter, spring and summer hosting opportunities. Families are paid \$800 per month.

For more information call 250.746.0744 or visit our website at <http://isp.sd79.bc.ca>. Look under the HOMESTAY tab for more information or to download an application package.

Students in grades 8 - 12 are invited to join the Cowichan Valley High School Bowling Program, which offers school vs. school competition with the emphasis being placed on sporting behaviour and etiquette. This after-school program can also offer further education through scholarships. Registration with Canadian Tenpin Federation and the first day of bowling is on **Monday, November 7 at 4:00 p.m. at Duncan Lanes, 2701 James Street, Duncan.** Represent your school in teams of male, female or mixed.

Cost: Canadian Tenpin Federation Registration is \$30, and 3 games per week is \$9.00. Coach: Bob Linde at 250.715.1413

Scouts Canada provides children and youth with opportunities to grow, experience new firsts and develop into great citizens of our community. We have lots of opportunities for family to volunteer and be a part of something great! For more information visit www.scouts.ca

Avoiding the Pitfalls of Stress: Strategies to Help our Kids and Teens – a workshop at Westshore Parks and Recreation by Lorena Jenkins and Rob Peters from Aboriginal Child and Youth Mental Health. Register at <https://www.eventbrite.ca/e/avoiding-the-pitfalls-of-stress-tickets-27695623355>

Teen Anxiety Support Group - South Island Centre Youth Counsellor and Director of Services Amber Eves (M.Ed, RCC) is facilitating 8 Saturday afternoons from October 22 to December 10 from 3:00 -4:30 p.m. \$45 registration includes food and refreshments. For parents and teens ages 14-18. Information: courses@southislandcentre.ca or 250.472.2851, ext 101

2016 Island Schizophrenia Conference "Sex, drugs & designer genes" November 18 8:30 a.m. - 4:00 p.m. A one day symposium for Psychiatrists, General Practitioners, Mental Health Care Workers, Family Members and people with a Mental Illness. Delta Ocean Pointe Resort and Spa in Victoria. Information: admin.bcss@shaw.ca

The Whale's Tale is distributed on the first Monday of each month, excluding holidays. Layout by Nancy Bonner, Library Assistant. Edited by staff and Administration.

Kelsey in Action!



participants. Thanks to those who donated a Twoonie for Terry and a special thanks to the Shawnigan RCMP and the Mill Bay Fire Department who helped with traffic control.

One of the photos from our recent successful school-wide Terry Fox Run on Friday, September 30. A fresh, crisp, sunny, autumn day, with lots of cheerful faces proudly participating either by running or walking, by organizing many behind-the-scenes details, or by supporting the participants. Photo by Mrs. Baker

**If the Following Applies to Your Student,
Please Print and Sign This Permission Form
Then Return it to Your Child’s Advisor
as Soon as Possible**

We are pleased to announce that Frances Kelsey Secondary School has been accepted into the BC School Fruit and Vegetable Nutrition Program (Administered by the BC Agriculture in the Classroom Foundation and supported by Healthy Families BC)

Our school is involved in a province-wide healthy living initiative. One of the goals is to encourage healthy eating by providing fresh BC fruits and vegetables to our students during class time. Our students will receive these healthy treats 13 times over the school year at no charge!

To ensure every student’s health and safety, please return this reverse consent form **ONLY** if you do **NOT** wish your child to participate **AND/OR** if you need to alert us to certain **FOOD ALLERGIES**

Student’s name: _____

Advisor’s name: _____ **Grade:** _____

_____ **NO** I do not wish my child to participate in the BC School Fruit and Vegetable Program + Milk (as applicable)

_____ **MEDICAL ALERT** – my child has food allergies you need to be aware of and therefore he/she may not be able to participate in every offering. To assist you, below is information on my child’s “allergy profile”

Please list allergy(s) and define allergy profile(s):

For example:

- It is airborne
- It is by ingestion only
- It can be contracted through touch – the skin

If you need further guidance in this area, please contact me at: _____

Parent/Guardian’s Name: _____

(Please print)

Date

Parent’s Signature