



FRANCES KELSEY WEEK at a GLANCE OCTOBER 7 – 11TH

ABCD

Advisor	9:00-9:15
A	9:18-10:33
B	10:35-11:50
LUNCH	11:52-12:37
C	12:42-1:57
D	2:00-3:15

THIS WEEK

Monday

- Mental Health Week
- Grad Spirit Week – today's theme: **Movie Character**

Tuesday

- Long Advisor
- Grad Spirit week - Tuesday's theme: **Twin**
- International student assembly – 9:15am in the small gym. Report to Advisor first for attendance.
- Grad council meeting – noon in the library
- Cross country race – 2 pm at Shawnigan School, bus leaves at 1pm
- Dry Grad parent meeting – 7 pm in the library

Wednesday

- Grad Spirit week – Wednesday's theme: **Western**
- Staff meeting – 3:30 in the library

Thursday

- Grad Spirit week – Thursday's theme: **Throwback**
- Schulich scholarship meeting – noon in the library

Friday

- Grad Spirit week – Friday's theme: **Frat**

STUDENTS

Grade 12 - CLC 12

Complete Worksheet on Goal Setting

Once you have it completed take a picture, scan QR Code (if you have scanned already you may not need to scan again), post picture to Capstone Portfolio.

Socktober - is now upon us. For the month of October your school's "Me to We" club is asking for donations of socks and outer wear. The collection bin is in front of the counselling office. Thank you for participating.

Terry Fox Foundation - With the help of the school we officially raised \$1557.00 which was over the target. Stay tuned for the principal vs principal Mystery Event! Awesome Job Frances Kelsey!

Food Bank Drive - Oct 1 - 11. Please challenge another advisor group to fill your bag with non - perishable food . Donations of \$15 to CMS food bank are eligible for a tax receipt. Thank you for your support to fill the bin!

Global Issues club - is holding a lightly used flip flop drive from Oct. 7-18th. The flip flops will be going to children in Uganda. Donations will be placed in rooms 126, 212, and the counselling office.

Intramural dodge ball - sign up has started. Fill out a team sheet and stick it in the folder in front of the library. For more info talk to AJ.

Table Tennis-anyone who would like to play come to the small gym every Friday at lunch.

Badminton Club - Mondays at lunch in the small gym. All grades are welcome.

Self Love club - Mondays at lunch in the library. There will be discussions about wellness, mental health, life and other fun things. Meet new friends, eat yummy snacks and participate in fun activities

FKSS Band field trip - October 11th at the University of Victoria

All band students (grades 8-12) are invited to hear a performance of the UVIC Wind Symphony. This will be a great opportunity to hear a very fine concert band live and to enjoy this memorable performance with fellow students. The cost is \$15 (cash only please) to cover the tickets and the School District bus. Bus will be leaving the school at 4:15 and estimated return is 10:45 pm. Parent chaperons are needed; if you are interested please contact Mr. Evans at jevans@sd79.bc.ca

Math help - every Tuesday and Wednesday 3:20-4:15 in room 136.

Kelsey Gear - Show your school spirit! Get outfitted for the cooler weather! Kelsey hoodies and other clothing is available for sale in room 229, Business Education Department . Check out the Kelsey Gear link on the FKSS website for a selection of clothes and prices. If there is something else you would like to see offered, see Mrs. Brinkman in room 229.

Sr girls volleyball - Next game is Oct. 15th against Brentwood.

Rugby World Cup

Come experience the excitement of the Rugby World Cup from Japan! Mr. Cosford will be playing a game during lunch in room 127 on Mondays and Fridays during the World Cup (Starting today).

Kelsey Kafe - Punch cards are available in the main office for \$30. These cards are like cash; we are not responsible for lost cards. Staff pre-orders must be in by 10:30; order board is at the back of the staff room to the left of the staff boxes.

CAREERS

See Rebecca in the Career Centre for more information on Any of the following Career items.

Fire Rescue Cadet Camp - Spring Break 2020 in Metchosin.

See Rebecca in the Career Centre for more information and an application form.

National Portfolio day – Saturday November 16 at KPU. This is an opportunity to meet with representatives of colleges and universities. KPU.ca/2019NationalPortfolioDay

UBC Engineering & Architecture - Open house Saturday, November 2, 2019 10am-4pm.

RSVP: engineering.ubc.ca/openhouse

McGill University – Open House: Sunday, October 20, 2019

Justice Institute of British Columbia - Play Therapy Courses: New Westminster, BC, October 21-24, 2019