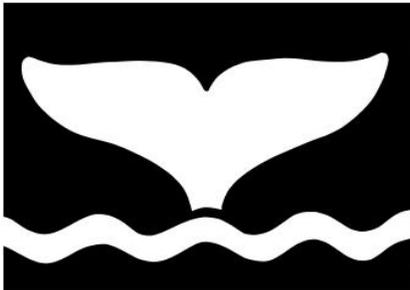


# THE WHALE'S TALE

Frances Kelsey Secondary's  
latest breaking news and views



## CONTACT US:

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School Facebook page:

Frances Kelsey Secondary  
School – FKSS

PAC Facebook page:

Frances Kelsey Secondary PAC



November 4, 2019 Vol. 25/No. 2

## What's Been Happening at Kelsey?

Generosity and philanthropy have been evident at Kelsey since our school year began. \$1,556 was raised for the Terry Fox Foundation; Ms. Kirchner's Outside PE Walking Class raised \$181 for the CMS Food Bank; the Me to We Club organized Socktober, a sock drive resulting in 100 pairs of cozy socks which were donated to a local homeless shelter; and the Interact Club has been selling Halloween Scare-O-Grams ("They Scare Because They Care"!), the proceeds of which will go towards buying a bicycle for a child in Cambodia. Meanwhile, the Global Issues Club raised \$297 by charging admission to their haunted house in the dance room and through their Spooky Bake Sale. As well, they collected a bin of flip flops for a children's centre in Uganda. Well done, Kelsey!

Last month, the entire school attended our annual Club Fair where student representatives promoted our many clubs, activities and sports teams. One additional club formed since the list of clubs appeared in last month's Whale's Tale: Aviation Club, Thursday at lunch in room 126, with Mr. J. Hart as sponsor. A complete listing of all clubs can be found on our school website.

25 students in our theatre department are embarking on an educational tour to London, England, this spring break with Ms. Roberts. While there, they will visit the Globe Theatre, Stonehenge, several west end shows and many other experiences. To fundraise for this trip, the theatre and Kelsey Kitchen are hosting a murder mystery dinner evening. On November 30, you are invited to attend the event. You will be entertained with music, theatrical scenes, and general hilarity. Denis Huet of our kitchen is leading the food preparation, so it is guaranteed to be delicious. Tickets are \$60 and are available at the FKSS front desk.

Sponsored by Ms. M. Webb, the Social Scale Up Club is looking for donations of plastic bags - any and all sizes - to re-purpose and weave into mats for both the homeless in our community and for the SPCA animal adoption center. These mats provide protection against the wet ground



## Kelsey Calendar

### Monday, November 4

Whale's Tale newsletter issued

### November 4 – 8

Numeracy 10 and Literacy 10

Assessment Window

### Wednesday, November 6

Careers/University/College Liaison Day  
for all grades (see related article - page 5)

### Thursday, November 7

Grade 8 Author Visit

### Friday, November 8

10:35 – Remembrance Day Assembly in

gym – Everyone welcome

End of Term 1 (Grade 9 – 12)

### Monday, November 11

Remembrance Day

### Tuesday, November 12

Term 2 begins (Grade 9 – 12)

7:00 pm – Dry Grad parent meeting in  
library

### Monday, November 18

Report Cards issued

### Wednesday, November 20

1:15 pm – Early Dismissal PLC

6:30 pm – Grad Games Night

7:00 pm – PAC meeting in library

### November 20 – 29

Grad Portraits

### Friday, November 22

Grade 8 Exploratory 3 begins

### Friday, November 29

Non-Instructional Day

### Saturday, November 30

5:00 pm – Murder Mystery Dinner

### Monday, December 2

Whale's Tale newsletter issued

### Tuesday, December 3

P.A.R.T.Y. Program

7:00 pm – Winter Band Concert in dome  
Everyone welcome

### Tuesday, December 10

7:00 pm – Dry Grad parent meeting in  
library

and help insulate from the cold. The Social Scale Up Club is always looking for new members - they meet Thursdays at lunch in room 132. Students can get volunteer hours, learn something new and do something great!

Students in Ms. Dayton's "Gimme 5" Leadership 11 class are working to complete five hours of volunteering within the school and the community. They helped at the Terry Fox Run by making cut-out hearts and they will be assisting at an upcoming multicultural event with our International students. Most recently, they have picked up garbage around the school, down the driveway and along the trail to Mill Bay.

Each month, School District 79 features a school in a video called *Our Story*. The video is aimed at telling the story of the school in a way that shows how the culture, community, and connections throughout the school empowers learners and transforms our communities. Last month, the Frances Kelsey Community Garden was selected and a film crew came to the school to highlight the work the students have been doing. We hope our garden space celebrates and values the many unique parts of our school and community. Anyone interested in the video can view it in the future through the District's Facebook or YouTube links.

Last month, all Grade 9 students participated in a vaping information presentation by Aaron Severs, Tobacco and Vapour Enforcement Officer and Reduction Coordinator from Island Health. Aaron outlined the negative health effects of vaping and students had the chance to ask questions at the end of the presentation. School District Policy and BC Laws were outlined for students. It was made clear to all that there can be no use of tobacco and vaping on public school property across BC. Moving forward, we are looking for students to begin an anti-vape group to help educate their peers as well as present to some of the elementary schools about the harmful effects of vaping. More information to come.

During last week's Provincial Professional Development Day, teaching and support staff attended workshops of their choice. Three physical and health educators from Frances Kelsey went to the PE conference in New Westminster at Douglas College. Mrs. Gillis, Mrs. Zimmer and Ms. MacDonald enjoyed the workshops, which covered a variety of topics including sex education, minor games, coaching and yoga. All three teachers are very excited to implement new theories and strategies into their teaching practice. On the same day, Mr. D. Hart and Mr. J. Hart presented to the BC Social Studies Teacher's Association the newly developed Explorations in Social Studies 11 course that focuses on the Cowichan Valley. The Frances Kelsey developed course was demonstrated as being one that could be replicated in any community in BC, and emphasized incorporating partnerships with local organizations. The presentation was received with interest by Social Studies teachers from across the province.

Open Door Workout – the door is always open on Monday, Wednesday and every other Friday at lunch. Students can check out the weight room if they are interested in getting stronger, faster, more fit or want to learn how to train with weights. This is not a club, prior knowledge is not required, simply drop in for instruction or workout on their own or with friends. They can see Mr. Groicher if they have questions. They can typically find him in room 166.

The Kelsey Kafé is Mill Bay's best kept secret! From Monday to Thursday, our hard-working Cafeteria Program is well underway, selling healthy lunch options at very reasonable prices. An example of our menu is ***French Onion Soup - \$2; Turkey Salad Sandwich - \$2.50; Taco Salad - \$4.50; Cheese Scone - 50¢; Smoothie - \$2.*** Menus rotate regularly and are posted in advance on the Kelsey website, but there's always something yummy! We offer a \$31 punch card for \$30 which can be purchased from the main office. As punch cards are like cash, the school is not responsible for lost cards.

## New Staff

Last month, we unfortunately missed mentioning that Mr. Allard Ludwig, Ms. Jenn MacDonald and Ms. Karen Rainey have joined our staff. Mr. Ludwig teaches guitar, Ms. MacDonald teaches math and P.E., and Ms. Rainey is with the International Program. We welcome them all to Kelsey.

## Scholarships and Bursaries

By **Kevin van der Linden, Vice-Principal**

Grade 12's should now be preparing academic resumes, cover letters and applications for scholarships and bursaries which are open to students throughout BC and Canada. Examples of applications are available in the scholarship filing cabinet found in the library as well as on our website. Students should be aware that academic resumes are different from employment resumes. Graduates presenting high quality packages are often successful in obtaining post-secondary funding; therefore, students requiring help should seek assistance as soon as possible. Grade 12's are encouraged to peruse all local scholarships that can be found at [fkss.sd79.bc.ca](http://fkss.sd79.bc.ca)



We are starting to receive scholarship application forms. Please be aware that many of these are specific and the competition for them is intense. For large scholarships, a student is often in competition with students across Canada. Sometimes the competition runs throughout North America. See [www.scholarshipscanada.com](http://www.scholarshipscanada.com) and [www.studentawards.com](http://www.studentawards.com) for more details.

By using the Career Centre, college and university calendars, internet sites and visiting the college personnel, students should be:

- deciding on which program of study they wish to take next year
- deciding on which college/university they wish to attend next year
- finding out about application deadlines, residence deadlines and scholarship deadlines
- finding out about any unions, groups or affiliates to organizations that their parents and grandparents have belonged to
- requesting reference letters.

Admission applications for Vancouver Island University, BCIT, Camosun College, Vancouver Community College and many other universities and colleges in BC are now being accepted.

### Key websites for graduates

- Graduation program: [www.bced.gov.bc.ca/graduation](http://www.bced.gov.bc.ca/graduation)
- Career planning and post-secondary options in BC: [www.educationplanner.bc.ca](http://www.educationplanner.bc.ca), [myblueprint.ca](http://myblueprint.ca)
- Your guide to post-secondary education programs and institutions in BC - offers students and parents information on post-secondary education, careers and the workforce: [www.bced.gov.bc.ca/careers](http://www.bced.gov.bc.ca/careers)
- Student financial aid - your online guide to information about financial assistance programs including grants, loans and interest relief: [www.aved.gov.bc.ca/studentaidbc/](http://www.aved.gov.bc.ca/studentaidbc/)
- BC colleges/universities scholarships: [www.scholarshipscanada.com](http://www.scholarshipscanada.com)
- Canadian universities and colleges: [www.schoolfinder.com](http://www.schoolfinder.com)

For more information about any scholarship or bursary, please see Mr. van der Linden. Further websites can be found through the school website.



## The Magic Wand Project



Although 'Grad Banquet 2020' seems far off in the future, many secondary school students are already thinking about their gown or tuxedo. Every year there are young adults graduating who do not attend their banquet because of lack of financial means. Our school would like to try to identify these families in need of assistance to help their children enjoy this wonderful and deserving night. Any parent, student, teacher, or friend may anonymously call our Principal, Mr. Rowan, or our Counsellors, Ms. Kirchner or Ms. Wright, at 250 743-6916 if they know of a student who is in need of our support.

The project has a great selection of gowns available for loan, access to free tuxedo rentals, as well as price-reduced hair and makeup services and a variety of shoes and accessories available. As well, **any** student may rent his or her complete grad outfit from the "Magic Wand Project" for a nominal fee instead of buying one.

For an appointment after February 1, 2020, contact Elizabeth at [esurerus@telus.net](mailto:esurerus@telus.net). For a November, December or January appointment, including winter formals, contact [ajinbc@shaw.ca](mailto:ajinbc@shaw.ca) or view the website at [www.themagicwandproject.ca](http://www.themagicwandproject.ca) or check out their information on Facebook.

We want to make sure every child has the opportunity to attend Grad festivities with pride and the wonderful sense of accomplishment that he/she deserves.

## Grad Portraits

Grads should sign up online now for their appointment with Lifetouch Canada at [www.lifetouch.ca/victoria](http://www.lifetouch.ca/victoria). Appointments are scheduled between November 20 – November 29.

## Dry Grad



Check your mail! A Dry Grad and Prom Parent Information Guide has been sent out to all parents. **Lots** of great info in there regarding dates of the different graduation events as well as information about many of the fundraisers going on at different times of the year and all year long. Get your tickets for the Parent social Pub Night and Silent Auction happening Sunday, November

### DRY GRAD

Please join us at our next meeting on **Tuesday, November 12** at 7:00 pm in the library. For more information contact Holly at [holly.beauregard@gmail.com](mailto:holly.beauregard@gmail.com)

17<sup>th</sup>. Tickets are \$25 each and are available by sending an EFT (electronic fund transfer) to [franceskelseydrygrad@gmail.com](mailto:franceskelseydrygrad@gmail.com). Please include your name and what you are paying for. There is also a "Travel Raffle" currently happening - tickets are \$10 each and the prize is a cheque for \$2,000. You can purchase your lucky tickets from a grad parent or by sending an EFT to [franceskelseydrygrad@gmail.com](mailto:franceskelseydrygrad@gmail.com). Again, please include your name and what you are paying for. The Travel Voucher winner will be drawn at the parent social, so please sell your tickets and hand them into the office before November 12<sup>th</sup>. Lastly, we have a few ongoing fundraisers like the metal bin at the school, Thrifty's smile cards which you can pick up at the office, as well as the Country Grocer receipts which you can collect and drop off at the office anytime. Reach out if you have any questions! Don't forget to check out and 'LIKE' the Facebook page, Frances Kelsey Graduation 2020, to keep up on all the events.

# Career Day

Our Career Day will be held on Wednesday, November 6<sup>th</sup> for all students. Grade 8 students will be participating in designing, building and testing wind turbines at the school. Grade 9 students will participate in the national *Take Our Kids to Work Day*. If you have a child in Grade 9, your support is needed – please see the article below. Grade 10 students will tour the VIU trades and academic campuses. This tour gives students the opportunity to see what a college campus is like and to learn what programs are available. Grade 11 and 12 students will remain at the school and will attend three workshops of their choice. Representatives from BC universities, colleges and art colleges will give presentations and will be able to answer questions. This day will have regular classes in the afternoon for Grades 10, 11 and 12. Grade 9's will be out for the full day at their chosen job sites.

## Parents of Grade 9 Students:

*Take Our Kids to Work Day* is a nation-wide project in Canada Career Week, aimed at Grade 9 students. Over the past years, Frances Kelsey has offered the opportunity to our Grade 9 students to participate in this one-day job shadowing experience to open their eyes to the world of work. It also gives them an opportunity to gain invaluable work experience, which we also credit towards their Careers 9 program. Employers increasingly value workers with good problem-solving and communication skills. They want team players comfortable with technology and information systems. Most importantly, they want lifelong learners eager to acquire new skills.

*Take Our Kids to Work Day* is a chance for students to connect what they are learning in school with what happens in the workplace. Students also have an opportunity to see how a parent or another adult spends his or her day. *Take Our Kids to Work Day* starts young people thinking about the many choices available to them after high school. This program is not only open to parents of the students, but to others such as relatives, friends of the family, or community members.

## Frances Kelsey Parents Advisory Council



**Our AGM is over and all the positions have been filled so it is now safe to attend the next PAC meeting 😊**

Each year our PAC applies for and receives grant money in the amount of \$20 per student from BC Gaming. This money can be used to enhance student's extracurricular and educational experience while at Kelsey - it cannot be used for curricular activities of any kind. At PAC meetings we get funding requests from the various sports teams, programs and other activities occurring throughout the year and we discuss how best

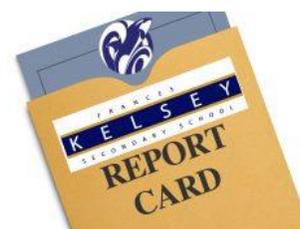
to spend this money. We do NO fundraising at all and coming to PAC meetings is a great way to stay informed of all that is going on at the school. Also, we try to keep our meetings to an hour, so why not come out on **Wednesday, November 20<sup>th</sup> at 7:00 pm** and meet the rest of us. Hope to see you there.

### FKPAC

Please join us at our next meeting on **Wednesday, November 20** at 7:00 pm in the library. For more information contact Tanya at [tanyarick@shaw.ca](mailto:tanyarick@shaw.ca)

## Our Netmarks Program

Our Netmarks program allows parents to stay updated on their child's progress. If you have not received a username & password you will need to activate your child(ren) in Netmarks. To do this, go to our website at [fkss.sd79.bc.ca](http://fkss.sd79.bc.ca), find the "Parent" tab and click on Netmarks, then click on the link to get to the Netmarks login screen.



Under the Parents box click the "click here" link and fill in the required information (you will need your child's student number). Once that is complete you will be emailed your password and username. Make sure you enter your information correctly to ensure a password/username is correctly sent.

## How Does Attendance Reporting Work?

By Julie Faye Parker, Vice-Principal

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We have two ways of recording attendance information depending on whether it is a mandatory class (called "mandy" by the students) or a work block. Mandatory class attendance is entered by the teacher into a database called MyEd. This is used only for the courses students register in, both core and elective. When a student is absent from a mandatory class, the automated system calls home and emails parents, using corresponding numbers not letters. So please let us know if you have a new email address or phone number!

Students in Grades 9-12 have some blocks in the timetable that are open and they choose where to work with help from their advisor. This allows students independence: planning for supports, for working in teams on projects, and when to do a unit test. There are teacher supervisors available in all work locations. Students MUST sign in to all work blocks and get a supervisor's initial in their agenda during these times. Questions about your child's attendance? Please contact your advisor, or any administrator.

## Graduation Assessments Update

Under the new Graduation Program, students graduating this school year must have written the Graduation Numeracy Assessment (now called the Graduation Numeracy Assessment 10) in order to meet the BC graduation requirements. Grade 12 students who have not yet written this are scheduled to write it on Monday, November 4 in the library. That week, all Grade 11 students will also be writing this assessment. A schedule is posted on the notice board in the hallway near the foyer between the counselling department and the library.

As well, students in Grade 10 will be writing this assessment between January 20 and January 24. Between April 14 to 17, Grade 10 students will also write the new Literacy 10 Assessment.

These assessments differ from traditional provincial examinations in a few ways. Students are graded on a four point proficiency scale (Emerging, Developing, Proficient and Exceeding) and the mark is not blended with any subject. The Numeracy 10 assessment is not a math exam and the Literacy Assessment is not an English exam. Both assessments cover materials learned from kindergarten to Grade 10 and are cross curricular in nature. More information about these assessments can be found at <https://curriculum.gov.bc.ca/assessment/numeracy-assessment> and <https://curriculum.gov.bc.ca/assessment/literacy-assessment>.

## **FREE Text to Speech for ALL Students**

Kurzweil is a text to speech program available to all FKSS students. The program also features study skills, word prediction, writing templates, concept maps and templates, text to MP3, definitions, pronunciations (great for students with English as a Second Language) and many more tools. If you would like to learn more about this program and/or have a demonstration or workshop, contact Mr. Dhimi in room 165. There are lots of solutions that can be explored on an individual basis – see Mr. Dhimi to discuss your concerns.

## **Looking for A Christmas Present?**

Show your school spirit! Get outfitted for cooler weather! The Business Education program sells clothing with our school name and logo. See Mrs. Brinkman in Room 229 or call 250 743-6916, local 268.

Mens (Black) & Ladies (Navy) Windbreakers - \$32  
Sweats (Navy, Black & Grey) - \$22      Crewnecks (Black) - \$20  
Long Sleeved Navy T-shirts - \$18      Quik-Dry T-shirts - \$16  
Hoodies (Navy & Grey) - \$25      Large Water bottles - \$8



## **Attention Parents of Grade 12 Students**

Grad 2020 clothing orders are happening now! Items include hoodies, sweatpants, toques and long sleeve T's. They are customized with our Grad 2020 logo and individual student names. Pick up an order form in room 229 or from the office. Makes a great gift for the grad in your family!

## **Frances Kelsey Cross Country**

We had great participation this year from all runners on the Frances Kelsey Cross Country team! We participated in the Cowichan Valley XC Series again this year which consisted of four races - Glenora, Shawnigan Lake, Bright Angel Park and Cobble Hill Mountain, and had lots of ribbon winners (top eight) in all races from Frances Kelsey. Eleven FKSS students competed in all four races and will receive a Cowichan XC Race Series T-shirt. Congratulations to Elora Waardenburg, Camryn Waldron, Chloe Wilson, Shayla Symes, Priya Dhimi, Breanna Bone, Brock Musselwhite, Miles Powell, Grayson Stewart, Benedikt Feick, Titus Wolff!

Frances Kelsey had a solid showing at the Vancouver Island Cross Country meet at Beban Park in Nanaimo on October 23. Miles Powell finished 4<sup>th</sup> in the Boys Junior category and will be going to the BC Provincial Cross Country Championships in Abbotsford on November 2<sup>nd</sup>!

With coaching by Mrs. Welwood and Mr. Launder, our Cross Country Team participants this year were: Elora Waardenburg, Camryn Waldron, Chloe Wilson, Shayla Symes, Priya Dhimi, Kaede Bilawchuk, Breanna Bone, Quinn Wedmann-Kent, Tyler Bosence, Brock Musselwhite, Miles Powell, Grayson Stewart, Benedikt Feick, Titus Wolff, Kaitlyn Burdett, Manuel Helmer, Alice Fowler, Maria Clarke, Lexen Klassen and Andrew Harris.

## Scholarship Update

Since last month's newsletter, we received an update from the University of Victoria and are happy to report the following students have had their entrance scholarships increased by the following amounts, resulting in an additional \$13,960: Olivia Antoniuk - \$2,000; Jizelle Balae - \$2,000; Melissa Blandford - \$2,000; Maia Copley - \$1,460; Evan McEwen - \$2,500; Natalia Olijnyk - \$2,000; Eliza Sparks - \$2,000. Well done, Grads!

## From the Career Centre

**English Dual Credit (ENG 115)** is filling up fast. Any students with incomplete applications should submit them to the Career Centre as soon as possible. Dual Credit is a university course which also gives students high school credits and is sponsored by our School District. Many other Dual Credit courses are available and they all count at any BC university. All BC university students require an English course, so why not take it now and have it paid for?

**Work Experience 12** – students in Grade 10, 11 or 12 who are working part-time can get four credits for Work Experience 12 by signing up and keeping track of their hours. Students who don't have a job but want to get one should sign up with Mrs. Brinkman in the Career Centre to get help with their resume and cover letter.

Next year's **Spring Break 2020 Fire Rescue Camp** for teens aged 15 to 18 years will be held in Metchosin. Details in the Career Centre.

## Electronic Cigarettes (E-Cigarettes)



**What are e-cigarettes?** E-cigarettes are popular “high tech” devices on sale at many convenience stores and stand-alone e-cigarette retailers. They are sometimes marketed as a safe alternative to smoking and the advertising is aimed at hooking youth. E-cigarettes can look like pipes, pens, USB memory sticks or regular cigarettes, and are made up of a battery, cartridge and a heating element. E-cigarette liquid often has nicotine even though it is not legal to sell nicotine-containing fluid in Canada. The fluid comes in many attractive flavours, such as chocolate, mint, strawberry, grape and watermelon. This is another method of attracting youth to try the product. E-cigarettes send off a vapour, and the mist is inhaled into your lungs, much like a traditional cigarette.

**Are they safe?** People who use them (or “vape”) are very excited about this product, yet there is a lot that we do not know about them, and they are not proven to be safe. For example, e-cigarettes

- Can send out unknown and possibly harmful substances, some of which may cause cancer, are poisonous and have caused fires.
- May have nicotine and be addictive.
- Are not proven to help people quit smoking and may lead you to actually take it up!
- Are not approved by Health Canada to help you quit.
- Are another way that Big Tobacco wants to hook you and make money.

Island Health Tobacco Prevention does not support using electronic cigarettes by young people, as a way to quit smoking or in any place where regular cigarettes are not allowed to be smoked. For more information, contact the Tobacco Prevention staff at your local Public Health Unit: 250 709-3050.

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