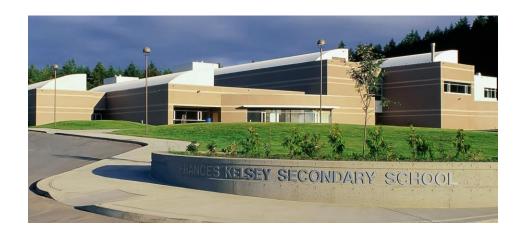
FKSS PARENT WEEK AT A GLANCE – NOV 13-17, 2023



Monday, Nov 13	Tues, Nov 14	Wed, Nov 15	Thursday, Nov 16	Friday, Nov 17
No School	Day 1, BADC	Day 2, CDAB	Day 1, DCBA	Day 1, ABCD
Stat Holiday – No	-Jr. Basketball	- Flex block today.	Grade 8 Boys	Model UN at
School.	team meeting at lunch.	-School Nurse in.	Basketball practice 3:30 – 5:00 PM	UVIC.
	-Parent Dry Grad meeting 6pm.	-Basketball Skills 5:00-7:00 PM		

PAST EVENTS AND CELEBRATIONS:

Remembrance Day Assembly – We held our Remembrance Day assembly this morning. Our school band, choir, dance class, and theatre students all did amazing performances that paid a very respectful tribute to all those who have served and to those who have lost their lives fighting to protect the freedom that we enjoy today. The entire school attended the assembly, and students were excellent!

Senior Boys Soccer – Congratulations to the Senior Boys Soccer team. They went to Islands in Courtenay this week as a wrap up to their season. A big thanks to coach Peter Wynne.

Cross Country Provincials - Congratulations to Alexa Dow and Charlotte Gough on their incredible performances at last weekend's Provincial Cross Country

Championships! Alexa ran in the senior girl's race and came first! Charlotte ran in the junior girl's and came 50th out of 230!



Senior Girls Volleyball Tournament – The senior girls wrapped up their season with a tournament this week at Brentwood. Congratulations on a great season, girls, and big thanks to coach Mr. Brooks.

THIS COMING WEEK:

Remembrance Day Stat Holiday – Please note that there is no school Monday, November 13th.

Remembrance Day Legion Contests are open to all students! You can submit a video, poster, or literary entry on the theme of Remembrance with a Canadian focus. The video must be between 30 seconds and 2 minutes in English, French or both (with correct copyright citations). Posters must be no larger than 56cm x 71cm and there are two categories of colour or black and white. Literary entries must not exceed the word limit of the level you are entering, senior - no more than 800 words or poetry of not more than 32 lines, intermediate - no more than 500 words or poetry of not more than 32 lines, junior - no more than 350 words or poetry of not more than 32 lines. Deadline is your entry in the front office by November 17th, 2023.

There will be a meeting for all grade 9 &10 boys interested in playing for the Kelsey Jr basketball team in Rm 126 at lunch on Tues Nov 14th.

3 V 3 Intramural Basketball Tournament Starts Wednesday November 15th at lunch in the Main Gym Teams of three with one sub. Sign up is posted on the main gym door.

GENERAL INFORMATION:

The FKSS FREE FOOD Pantry has moved! It is now in the careers centre and open at any time for students who need to take some food home.

Warm Clothing Drive - Share the warmth! Please help families in need by donating new or clean used winter gear that can last through the winter. The Interact club has a bin outside our Counselling Office for donations between November 1st and 16th.

UPCOMING DATES AND EVENTS BEYOND THIS WEEK:

Monday, November 13 – Remembrance Day – No School Tuesday, November 14 – Dry Grad Meeting 6:00 PM in the library Friday, November 17 – Model UN conference in Nanaimo Tuesday, November 21 – PAC Meeting 7:00 PM in the library Wednesday, November 22 – 2 Hour Early Dismissal Friday, November 24 – Non-Instructional Day – No School Wednesday, November 29 – Lockdown Drill – First Block

CAREERS NEWS FOR SENIOR STUDENTS

Career website: https://www.careersandtransitions.ca/

Indigenous Students that signed up for the all-day field trip to Camosun College for the Indigenous Learners Day on Wednesday, November 15, 2023. Please meet in the Dome at 9:00 am.

UNIVERSITY OF CALGARY VISIT TO FKSS

Date: Wednesday November 15th, 2023

Time: 9:20am-10:05am

Location: DOME

DUAL CREDIT

Last chance for current Grade 12's to sign up for the below dual credit courses for January 2024 – Due date to apply is November 15th, 2023

Health Care:

HHPN 001 (100) - Human Anatomy and Physiology (VIU, On-line)

Prerequisite: min "C" English 12

PNUR 101 - Anatomy and Physiology (Camosun, On-line)

Prerequisite "C" Biology 12

MOA 155 - Medical Terminology (Camosun, On-Line)

Prerequisite "C" English 12

Students entering medical fields

Early Childhood Education or Teaching:

ECE 130 - Principles and Practices of Wellness (VIU, Cowichan) Wednesdays 4-7pm Prerequisite: Min "C" English 12

Course enables students to work as an early childhood education assistant. The ECE 130 course is also a 1st year VIU university transferable course. Perfect for students going into a teaching program at VIU.

Please make an appointment in Careers if you are interested in applying for the above courses.

Post-Secondary

Want to be a doctor? Earn your MD on Vancouver Island with the Island Medical Program. Learn more at a special evening info session. November 21, 2023, 5:30 pm – 7:30 pm

UVic MSB 150 & Zoom RSVP at: imp.med.ubc.ca/ShirzadInfoSession2023

<u>Please note:</u> The <u>UBC application</u> will open in **early October**, with an early application deadline of **December 1** and a final application deadline of **January 1**.

CLUB SCHEDULE						
Monday	Tuesday	Wednesday	Thursday	Friday		
Drop-in Chess	Drop-in Chess	Drop-in Chess	Drop-in Chess	Drop-in Chess		
Sponsor: Mr.	Sponsor: Mr.	Sponsor: Mr.	Sponsor: Mr.	Sponsor: Mr.		
Grbavec	Grbavec	Grbavec	Grbavec	Grbavec		
Room 122 at Lunch	Room 122 at Lunch	Room 122 at Lunch	Room 122 at Lunch	Room 122 at Lunch		
Open Door Workout Sponsor: Mr. Groicher Mezzanine at Lunch	Grad Council Sponsor: Ms. Boucher Library at Lunch	Open Door Workout Sponsor: Mr. Groicher Mezzanine at Lunch	Interact Club Sponsor: Ms. Bhandari Room 214 at Lunch	Open Door Workout Sponsor: Mr. Groicher Mezzanine at Lunch		

Rainbow Club Sponsors: Ms. Marshall, Ms. Nussbaum Bandroom at Lunch	Model UN Club Sponsor: Ms. O'Hara Room 123	Student Parliament Sponsors: Mr. Hart, Ms. Baker Library at Lunch	Model UN Club Sponsor: Ms. O'Hara Room 123	Photography Club Sponsor: Ms. Wambua Room 229 at Lunch
Dungeons and Dragons Sponsors: Mr. Owens, Mr. Edey, Mr. Livingstone, Mr. Heath Theatre at Lunch	Robotics Club Sponsor: Ms. Hoffman Room 138 at lunch		Art Club Sponsor: Ms. Sheer Art Room at lunch	<u>Badminton Club</u> Sponsor: Mr. Edey Gym at Lunch
Ski Club Sponsors: Mr. Niessen and Ms. Steele Room 133 at Lunch Sword and Prop Building Club Sponsor: Mr. Heath Gym at lunch	Volleyball Club Sponsors: Mr. Edey and Ms. Homuth Gym 3:30 - 5 Choir Club Sponsor: Anna Roberts Sylvan at lunch		Vinyl Club Sponsor: Mr. Ludwig Music Room at lunch Sword and Prop Building Club Sponsor: Mr. Heath Gym at lunch	Frances Kelsey Writers Guild Sponsor: Ms. Nussbaum Room 213 at Lunch
Biology and Environmental Club Sponsor: Ms. Janes Room 220				
Puzzle Club Sponsor: Ms. Kirchner Counselling office at lunch	Puzzle Club Sponsor: Ms. Kirchner Counselling office at lunch	Puzzle Club Sponsor: Ms. Kirchner Counselling office at Iunch	Puzzle Club Sponsor: Ms. Kirchner Counselling office at lunch	Puzzle Club Sponsor: Ms. Kirchner Counselling office at lunch