

FKSS WEEK AT A GLANCE – May 20-24, 2024



Monday, MAY 20	Tues, MAY 21 Day 1, BADC	Wed, MAY 22 Day 2, FCDAB	Thursday, MAY 23 Day 1, DCBA	Friday, MAY 24 Day 2, ABCD
-Victoria Day. Schools are closed.	-Island Track & Field championship (21/22) -PAC meeting 7pm. See attachment.	-Flex block today. - Theatre trip to Vancouver. Field trip to BC Museum.	-Girls Lacrosse practice. - West Coast trail trip departs 23-29.	-regular classes.

PARENTS:

Mill Bay Fire Department: Bottle Collection Drive 🔥 Support Frances Kelsey Secondary School's Kieran Harper Memorial Bursary by dropping off recyclables at either of our stations. Bottle drive happening Saturday morning, May 18th. Your contributions will assist our future scholars. Thank you for your support in advance.



If any families are interested in purchasing one of the sheds out front of the school, that our TASK students have built, please call the main office for details. They are \$2200.

There is only one left to purchase.

Summer camp with Humble Hooves. Details below.



Youth Regulation Retreat at Humble Hooves

Does your child or youth struggle with regulation, focus or connection? Don't miss this opportunity to connect with nature, learn valuable skills, and recharge your mind and body.

Our Youth Regulation Retreat leaders have decades of experience and diverse professional backgrounds including a master degree in special education, bachelor or social work, yoga calm instructor, somatic movement instructor

Register Now!

Camps begin in July 2024
Times: M-F 8:30am-12:30pm
Location: Humble Hooves, Cobble Hill
Price: \$335.00 +GST

More info:
778.679.8267
lovehumblehooves@gmail.com

- Daily Yoga Calm sessions
- Creative Art
- Nature based regulation and mindfulness techniques
- Animal care
- Daily movement activities
- Learn to regulate energy and emotions through the body
- Develop skills that support focus, attention and self regulation
- Connect with others community members
- Have fun!

STUDENTS:

The Interact Club is holding a food drive. The last day to hand in your non-perishable food to your advisor is May 22nd. The advisor with the most items will win a prize.

Thanks to all the classes that have helped pick up garbage around the school. Students, please remember to do your part and put your items in the appropriate bins.

LIBRARY - Free books!

We are currently purging our non-fiction (true) Dewey section and every day we are adding to a table outside of the library that is labeled "Free Books." Although some may look new, they are all 2014 or older so information is now outdated. As our political and social landscape is constantly changing, and a school library does not play the role of keeping historical artifacts but rather supporting current curriculum, these books need to go to make room for relevant and current information. Please feel free to stop by and look just inside the front door outside the library until end of day on June 7th.

All students with overdue library and textbooks, please return to the library as soon as possible.

Indigenous Student Pizza Day- On Tuesday, May 21, we are welcoming any Indigenous students to Room 124 for free pizza at lunchtime.

SPORTS:

Intramural Spikeball tournament on top field at lunch on Tuesdays and Thursdays. Sign-up in partners at start of lunch on the field. 1st come; 1st serve.

Reminder to **Lacrosse girls that practice** is every Thursday.

CAREERS:

Tuesday, May 28, 2024

Field Trip to Camosun College – Interurban site

HEALTH X-DAY – come to Camosun to explore Dual Credit pathways in various health programs including Practical Nursing, Health Care Asst., Medical Radiography & Certified Medical Lab Asst. Sign up in FKSS Career Centre before May 22, 2024 – space is limited

SUMMER VOLUNTEER OPPORTUNITY

Cobble Hill Fair in need of volunteers for the CVRD recycling stations. The shifts run from 7:30am to 5pm. (2 hr shifts). The fair is on Saturday Aug. 24th. All participants would be entitled to a free day pass to the fair. If interested in volunteering, please contact FKSS Career Centre.

DUAL CREDIT DEADLINE IS May 31, 2024, or all Trades, Academic and Mid Island Partnership applications for programs starting September 2024. Please make an appointment in the FKSS Career Centre.

Gustavson School of Business at UVic welcomes students to participate in our online workshop titled "**Adulting 101: Personal Finance for Students Preparing for College and University.**"

Students in grades 9 to 12 and parents are encouraged to attend.

We are offering two zoom sessions:

- Monday, May 27th from 6 pm to 7:30 pm (90 minutes)
- Tuesday, May 28th from 10 am to 11 am (60 minutes)

Please register for your preferred preference at:

<https://uvic.zoom.us/meeting/register/tZUvceirgTkuGdBBeaTm4ijA9XgosopOGLm6#/registration>

Contact Recruitment Manager, Daniel Nair, at bizrecruit@uvic.ca for more information.