


FKSS WEEK AT A GLANCE – October 14-18, 2024



Mon, Oct 14 Holiday	Tues, Oct 15 BADC Day 1	Wed, Oct 16 QCDAB Day 2	Thurs, Oct 17 DCBA Day 1	Fri, Oct 18 AFBCD Day 2
- Thanksgiving, schools closed. 	- Grad Council meeting at lunch. -PAC Meeting 7pm	-Public Nurse in. -Q and C block switched for today. -Post Secondary visit.	-Great Shakeout drill 10am.	-Flex block today. Remember your agenda.

PARENTS:

This is a notice Stone Pacific Contracting will be working on Barry Road and Shawnigan-Mill Bay Road. The trail across Shawnigan- Mill Bay Road which leads to Mill Bay will be closed. The trail could be closed for up to two weeks. We are suggesting that students purchase a Kelsey Kafe card or bring lunch.

Safe Arrival

We are resending the parent guide for the Safe Arrival system that notifies parents when their child has been marked absent for a class. A few important tips about this new program are below:

- Once you download the app, you can go into preference and then choose if you would like the absence notification via text, phone call or email.
- If you know your child will be absent for a class or the day, you can go ahead and use the app to notify the school. This will nullify the notification.
- If you receive an email for W block this is our advisory class that happens every morning.

Flex class on Fridays-



Frances Kelsey FLEX FAQ



What if I forget my agenda?

You stay with your advisor for Flex and then try to remember it for the next Friday Flex.

Will teachers let me in if I don't have an agenda...even if I beg?

Nope...but you will have an opportunity to remember it for the next Friday Flex.

How do I know which room my teacher will be in during FLEX?

Each week, teachers will communicate with students regarding where they will be for FLEX.

Can I Flex with my friends?

Yes, if you have a teacher or space in common (for example you all take Art).

Can I play on my device, watch Netflix or scroll TikTok during Flex?

No. Personal Digital Devices during school time are used for educational purposes only.

What if I don't have any work to do?

Come up with a different activity to do in the class and talk to your Flex teacher (For example, get to know other students, play a card game, do a word search, meditative coloring, read a book or magazine etc.)

Can a teacher assign me to a space for Flex?

Yes, a teacher may request that you see them during your Flex block (to do a test, get help etc). The teacher may write that in your agenda for Friday or email your home or advisor.

What if I don't attend FLEX block when asked?

The teacher may communicate with you and follow up with your parent or guardian as necessary.

Is FLEX every Friday for the whole year?

It is tentatively scheduled that way (see your agenda), as long as students are making good choices with their time.

**Frances Kelsey
FLEX GUIDE**

What is FLEX?
Flex is a weekly time offered to provide students with choice & time to support their learning at FKSS. This time is reserved for students to work with teachers & peers on assignments, projects, homework & to makeup or retake tests.
*Teachers may schedule time with students during FLEX & students are expected to attend.

EXPECTATIONS

- All students need to be with one of their teachers
- There is about 5 minutes to move to FLEX after block A
- Being in the hallways or the dome is not an option for flex
- Rooms have capacity limits & may be full. In that case, you need to have another plan or go back to your advisor.
- Hall passes are required when leaving a FLEX room.
- As FLEX is instructional time, phone restrictions apply

TEACHERS WILL COMMUNICATE WITH STUDENTS WEEKLY WHERE THEY WILL BE AVAILABLE DURING FLEX

Planning FLEX
YOU NEED YOUR AGENDA

- During advisor time, write your plan in your agenda
- Get your advisor to sign off
- At the beginning of FLEX, move to the teacher or room that you've planned.
- Present your agenda to that teacher & get a signature

IF YOU DO NOT HAVE AN AGENDA, YOU WILL STAY WITH YOUR ADVISOR FOR FLEX

REMEMBER - USE A HALL PASS IF YOU NEED TO LEAVE YOUR FLEX ROOM FOR ANY REASON

On Behalf of the FKSS PAC

Mark your calendars **Tuesday October 15th at 7:00pm**, the FKSS PAC will be having their AGM for the 2024-2025 school year, and we would love to see new faces! Some of our current members are willing to stay in their positions for next year, but some are moving on. Please come and join us at the school library to find out more about the FKSS PAC, and how you can be involved.

All positions are up for nomination and to be voted on at our AGM on October 15, 2024.

-President

-Vice President ... our current VP is happy to continue

-Treasurer

-Secretary ... our current secretary is possibly staying but perhaps someone wants to job share or learn the role without all the pressure?

-Social Media

-DPAC Rep ... our current rep is happy to continue

In previous years, social media has been covered by the President. It can be a separate role or included into any of the others.

High School PAC is not as demanding as elementary. Meetings are once a month for an hour ish! It's a great way to have a connection with the school.

For more information, please email us at pacfkss@gmail.com

Lizzi Johnson

FKSS PAC President

STUDENTS:

Photo packages have arrived for students that ordered photos. They will be with your advisor for a week. Please ask your advisor during advisory.

The Interact club will be hosting a coat drive on Oct 21-24th. The bin will be located outside the counselling office. They will be accepting hats, coats/jackets, mittens, scarves. Any of these items will be helpful.

GRADS:

UVIC- Child and Youth Care undergraduate Open House. October 25th 4-5pm.
uvic.ca/hsd/cyc.

TD Scholarships for Community Leadership - Deadline Nov 13/24.

Please see Teams 2025 Grad channel.

TD Scholarship for Indigenous Peoples - Deadline October 13/24 @ 11:59pm Eastern. Together with [AFOA Canada](http://AFOACanada.com), a not-for-profit led by Indigenous Peoples, we've worked to build a scholarship for Indigenous Peoples. Through it, 25 scholarships are available to be awarded annually, worth up to \$60K over 4 years. For details please visit.

<https://afoa.ca/td/>

SPORTS:

Cross Country Runners - Tuesday, October 15th. Please meet in front of the school ready to go to our last local meet of the season at Cobble Hill. We will be leaving at 1:45pm. See you there!

Intramural Volleyball on Tuesday will be teams Volleyballers vs. Team Jesse. Check Teams for the schedule.

Junior Girls Volleyball - Kelsey Grade 9s practice every Monday and Wednesday (unless there is no school) from 3:30 to 5.

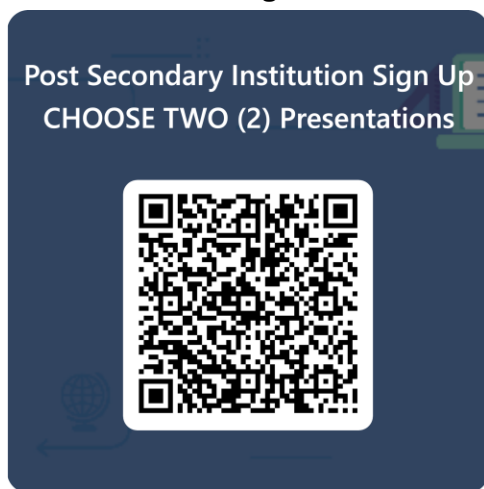
CAREERS:

Post-secondary information

Check out the bulletin boards by Careers and the Library for information about university info sessions and open houses.

Reminder of **PSI day, October 16th**. Students can scan the QR Code and register for the 2 presentations they would like to participate in.

QR codes are located in Careers Office, University and College bulletin board and front door of Counselling Office.



PSI Day: Wednesday Oct 16 – grade 11 and 12

Students are to sign up prior to the presentations.

Please note – the blocks will be changed that morning to: Advisor, Q Block, C Block and D Block. Q Block will be slightly extended that day.

Schedule:

Presentation #1: 9:15 AM- 9:45 AM

Presentation #2: 9:50 AM-10:20 AM

Minifair: 10:30 AM-11:00 AM (Dome)

Grade 10 and 11 students

TASK and Dual credit courses for next year. If you are interested in doing TASK or a dual credit trade or academic course next year, come to the Career Centre for more information and to pick up an application.

Work Experience

Did you know that if you have a part-time job, you can get credits 4 credits for it. Sign up in the Career Centre to do a WEX seminar and get started on your way.

WEX students - if you completed your 90 hours over the summer, please come to the Career Centre to pick up the remaining units to wrap things up. There is a prize for completion!

JOB BOARD

Are you looking for a job or need help with your resume? Come to the Career Centre to check out the job board or get help with your resume.

Post-secondary information

Check out the bulletin boards by Careers and the Library for information about university info sessions and open houses.

UVIC OPEN HOUSE:

Friday, October 25th 4-5PM

UVIC Campus and via Zoom

(see poster outside of Career Centre for QR Code to register)