

FRANCES KELSEY SECONDARY - GRADE 10

COURSE SELECTION FORM 2025 - 2026

Student #: _____

Advisor: _____

Student Name: _____

DIRECTIONS FOR CHOOSING REQUIRED COURSES

Students must take **ALL REQUIRED COURSES**.

Choose your courses carefully!

Due to timetabling restrictions, very few course changes will be possible after Sept 1st. See your Advisor or a School Counsellor with any questions regarding your selections.

Write down your required and elective choices below:

Students must select 8 courses in order of priority:

Course Code	Course Name
#1 - 5 REQUIRED COURSES:	
1. <u>MLTST10/MC MPS10</u>	<u>Literary Studies / Composition</u>
2. <u>MSC--10</u>	<u>Science</u>
3. <u>MSS--10</u>	<u>Social Studies</u>
4. _____	_____
5. _____	_____
#6 - 8 ELECTIVE CHOICES:	
6. _____	_____
7. _____	_____
8. _____	_____
9. <u>MCLE- 10</u>	<u>Career Life Education (occurs in "Q" Block)</u>

Please choose 3 Alternative (Additional) Electives:

Course Code	Course Name
1. _____	_____
2. _____	_____
3. _____	_____

S1 - Semester One S2 - Semester Two ◆ YEAR LONG COURSE * 8 Credits \$ Fee Associated with Course

REQUIRED COURSES

(if you have already taken the grade 10 required course, please choose the grade 11 option from back of form)

- MLTST10 Literary Studies (pairs with Composition 10)
- MSC--10 Science
- MSS--10 Social Studies

Choose one of the following Math courses:

- MFMP-10 Foundations & Pre-Calculus
- MWPM-10 Workplace Mathematics

Choose one of the following: (see descriptions on back)

- MPHED10 PE – Regular
- MPHED10-79DNC PE – Dance & Movement
- MPHED10-79BOX PE – Boxing / Wrestling
- MPHED10-79EQS PE – Equestrian \$ *
- MPHED10-79HKY PE – Hockey S1 \$ * (see info on reverse)
- MPHED10-79SOC PE – Soccer S2 \$ (see info on reverse)
- MPHED10-79OED / MBCFP12 PE – Outdoor Ed * S2
(Outdoor Ed counts as 2 choices; put both on form) (see info on reverse)

ELECTIVES

- MFR--10 French 10
- MBSP-11 Intro Spanish 11
- YVPA-0B Composition & Production 10 (recording studio)
- MMUCM10 Contemporary Music: Rock Band
- MMUCB10 Concert Band 10 ◆
- MMUGT10 Guitar 10
- MMUCC10 Choir 10
- MADEM10 Entrepreneurship & Marketing 10
- YIPS-0A Peer Counselling 10
- YCPA-0A Leadership 10

ELECTIVES CON'T

- MVAD-10 Studio Arts 2D 10
- MVAST10 Art Studio 10
- YAES-0A Indigenous Art 10
- MVAST10-79ABS Abstract & Non-Traditional Art 10
- MVAST10-79MIN Art of Miniature 10
- MVAM-10 Media Arts (Digital Media) 10
- MVAPH10 Photography 10
- YCCT-0A Yearbook 10
- MCUL-10 Culinary Arts 10
- MFOOD10 Food Studies 10
- MTXT-10 Textiles 10
- MDRM-10 Drama 10
- MDRD-10 Drama 10: Theatre Production (stagecraft)
- MTEXP10 Technology Education 10
- MTEAR10 Electronics & Robotics 10
- MCSTU10 Computer Studies 10
- MWWK-10 Woodwork 10
- YAED-0A Horticulture 10
- MDNCM10 Dance Company 10
- MDNC-10 Dance Choreography 10
- MDCF-10 Foundations of Dance & Technique 10
- YHRA-0B Yoga 10
- YLRA-0F Athletic Leadership 10

MUSICAL THEATRE & ART - ◆ * 8 Cr
(counts as 2 choices; put both on form)
MMUTH10 Musical Theatre 10
MVAST10-79MTH Art Studio: MTH 10

See Grade 11 options on back

Grade 11 Options

S1 - Semester One S2 – Semester Two ◆ YEAR LONG COURSE * 8 - 13 CREDITS

REQUIRED COURSES

Choose one English course:

MELSL11 EFP Lit Studies & Spoken Language 11

ACADEMICS

You must choose a Math, Science and Socials

MFOM-11 Foundations of Math
 MPREC11 Pre-Calculus Math
 MWPM-11 Workplace Math
 MCH--11 Chemistry
 MEVSC11 Environmental Science
 MLFSC11 Life Science
 MPH--11 Physics
 MSCCT11 Science for Citizens
 MBCFP12 BC First Peoples
 MINST12 Contemporary Indigenous Studies
 MGENO12 Genocide Studies
 MPGEO12 Physical Geography
 MWH--12 20th Century History
 MLST-12 Law Studies
 MSJ--12 Social Justice
 MPHIL12 Philosophy

ELECTIVES

MCTWR11 Creative Writing
 MFR--11 French
 MBSP-11 Introductory Spanish
 MSP--11 Spanish
 MIMCB11 Band ◆
 MIMG--11 Guitar
 MCMCC11 Choir
 MMUCP11 Comp & Production (Record Studio)
 MMUCM11 Contemporary Music: Rock Band
 MAC--11 Accounting
 MMAP-11 Marketing & Promotion
 MDRM-11 Drama
 MDRTP11 Theatre Prod
 MDRDS11 Directing & Script Dev

ELECTIVES CON'T

MCUL-11 Culinary Arts
 MFOOD11 Food Studies
 MTXT-11 Textile Studies
 YAED-1A Horticulture
 MVAGA11 Graphic Arts
 MVAD-11 Studio Arts 2D
 MVAC-11 Studio Arts 3D
 MVAST11 Art Studio
 YAES-1A Indigenous Art
 MVAST11-79MIN Art of Miniature
 MVAST11-79ABS Abstract & Non-Trad Art
 MVAMT11 Media Arts (Digital Media)
 MVAPH11 Photography
 YCCT-1A Yearbook / Journalism
 MDNCM11 Dance Company
 MDNC-11 Dance Choreography
 MDCF-11 Foundations of Dance & Tech
 YPSYC1A Psychology
 YIPS-1A Peer Counselling
 YIPS-1B Peer Tutoring
 MWWK-11 Woodwork
 MTELE11 Electronics
 MTROB11 Robotics
 MCMPR11 Computer Programming
 YLRA-1F Athletic Leadership
 MACLV11 Active Living
 MFTCD11 Fitness & Conditioning
 MACLV11-79DNC Dance & Movement
 MACLV11-79BOX Boxing / Wrestling
 MODER11 / MBCFP12-79OED Outdoor Ed * 9 Cr S2
(counts as 2 choices; put both on form)
 YPR--1A Introduction to Wilderness
 MACLV11-79EQS Equestrian \$ (counts as 2 choices)
 MACLV11-79SOC Soccer S2 \$
 MACLV11-79HKY PE - Hockey \$ * 8 Cr S1
 YHRA-1C Outdoor Adventure ◆ \$ * 13 Cr
 YHRA-1B Yoga and Mindfulness

Outdoor Education - Hockey Academy - Soccer Academy - Outdoor Adventure Academy Equestrian Academy - TASK - Dual Credit

OUTDOOR EDUCATION – * 9 Credits

- Open to Grades 10-12
- 4 credits for PE 10-12 and 4 credits for Socials 11, Geography 12 or Urban Studies 12
- Classroom learning in February/March
- Trail building skills and Search and Rescue skills (mapping, planning, eco-systems, wilderness survival, first aid)

HOCKEY ACADEMY – * 8 Credits

A PE based course that focuses on skill development and activity. There will be in-class components that will take place at school, which include fitness, nutrition and cross-training.

- Open to Grades 10-12
- Students obtain PE credit
- Reasonable fee to cover ice rentals and incidentals.
- All levels are permitted to sign up.

SOCCER ACADEMY – 4 Credits

- Open to students in Grade 8-12
- Reasonable fee to cover guests and equipment
- Develop strength, flexibility and endurance using a range of activities
- Soccer component will focus on individual skills, defending and goal scoring.
- Guest coaches
- Application forms can be picked up in the Counselling Office

OUTDOOR ADVENTURE ACADEMY – * 13 Credits

- Open to Grades 11-12
- Full year program; Fee to cover activity registration, gear, guides and transportation
- SUP, kayaking, snowshoeing, canoeing, multiday backpacking trip (such as West Coast Trail)

EQUESTRIAN ACADEMY – \$ * 8 Credits

- Open to Grades 9 -12
- Course is 2 blocks per day
- Four levels of riding lessons offered
- Consists of two riding lessons, two stable management & equestrian theory, and one cross-training lesson per week.
- Fee to cover all costs associated with this course

TASK – * 8 credits.

Check if Interested in for Grade 11

Pick up an application at the Career Centre

TASK is a trade awareness program designed in cooperation with the Camosun College South Island Partnership. Open to Grades 11-12 and experience a variety of trades ((carpentry/joinery, plumbing, electrical, sheet metal and welding/machining) Experience gained will give students:

- Dual credit (Secondary & Post-Secondary) and Introduction to SD79 Train in Trades Programs
- Certification in WHMIS, Fall Protection and Confined Space Entry
- Skills to gain employment and/or enter an apprenticeship

Dual Credit Programs: Open to Grades 11-12

Check if Interested in for Grade 11

Students looking for a career in the trades. The program upon successful completion, gives the student either their first year of apprenticeship training or certification in:

Administrative Assistant * Automotive * Carpentry *
 HVAC * Welding * Electrical
 Heavy Duty Mechanic * Horticulture
 Metal Fabrication and Sheet Metal
 Plumbing & Piping * Professional Cook
 Community Support Worker and Education Assistant
 Health Care Assistant * Hairdressing
 Computer Network Electronics Technician
 TASK

NOTES TO COUNSELLOR