

## FKSS WEEK AT A GLANCE – March 3-7 2025



<b>Mon, Mar 3</b> ABCD Day 2	<b>Tues, Mar 4</b> BADC Day 1	<b>Wed, Mar 5</b> CQDAB Day 2	<b>Thurs, Mar 6</b> DCBA Day 1	<b>Fri, Mar 7</b> AFBCD Day 2
-Regular classes.	-Firedrill today. -Grad council at lunch. - Dry Grad meeting 6pm.	-Public Nurse in. -Q block- Grad games.	-Newsies play tonight.	-Newsies play tonight.

### **PARENTS:**

From ERASE: March 12th, 2025, Family Virtual Workshop on Safe and Caring Use of Technology

‘uy’ skweyul (Good day), FKSS Parents and Guardians,

We are excited to notify you of a valuable workshop from ERASE (**expect respect & a safe education**) designed to facilitate conversations about the safe and caring use of technology at home and in the community. This session is highly recommended for parents, caregivers, grandparents, and youth aged 10 and up.

#### **Family Session Details:**

- **Date:** March 12th, 2025
- **Time:** 6:30 PM - 7:30 PM PST
- **Format:** Remote - via Zoom
- **Duration:** 60 minutes
- **Registration Link:** Reserve your spot

#### **Workshop Highlights:**

- Understanding digital media habits, oversharing, and digital addiction.
- The permanence of online posts and activities.
- The significance of your digital tattoo and how it affects perceptions (e.g., sports teams, college admissions, and potential employers).
- The importance of caring for peers both online and offline.
- Geo-locational settings and the dangers of social media and cell phone misuse.
- The social and legal consequences of cyberbullying behavior, as well as the possession and distribution of intimate images (sexting and sextortion).
- An anonymous student reporting tool to help you and your friends stay safe both online and offline.

This session will cover all things digital, from being a good digital citizen to understanding the criminal consequences of cyberbullying, and how to report and receive support in cases of sexting/sextortion. They will also discuss some of the most prominent concerns currently surrounding the use of social media platforms, smartphones, and artificial intelligence. This event is put on by **Erase "Expect Respect & A Safe Education."** Erase helps students, adults, and school staff in BC build safe, caring, and inclusive school communities. Please note that this workshop is organized by Erase and not our school. However, the admin team at FKSS highly recommends families to sign up for this informative session. <https://www.eventbrite.ca/e/family-session-march-12-2025-remote-via-zoom-tickets-995631479557?aff=oddtcreator>

**BAMFIELD trip-** A reminder to students attending Bamfield that we are leaving from the front of the school at 8:30am, Tuesday March 4th. All forms and payments need to be in by Monday at the latest. Parents/Guardians, please review the letter and packing list that was sent home on Wednesday and feel free to contact Lindsay Janes - [ljanes@sd79.bc.ca](mailto:ljanes@sd79.bc.ca) - if you have any questions.

## **GRADS:**

### **On behalf of the Dry Grad committee:**

Grads: Get your Red Carpet Walk up and Dry Grad Event tickets before March 14th. Important info and ticket link here: <https://tinyurl.com/26f9afh7>. Please fill out the form in the link.

The **CFUW (Canadian Federation of University Women)** Victoria Women in Technology Entrance Award, Camosun College. Please see details in Grad Teams.

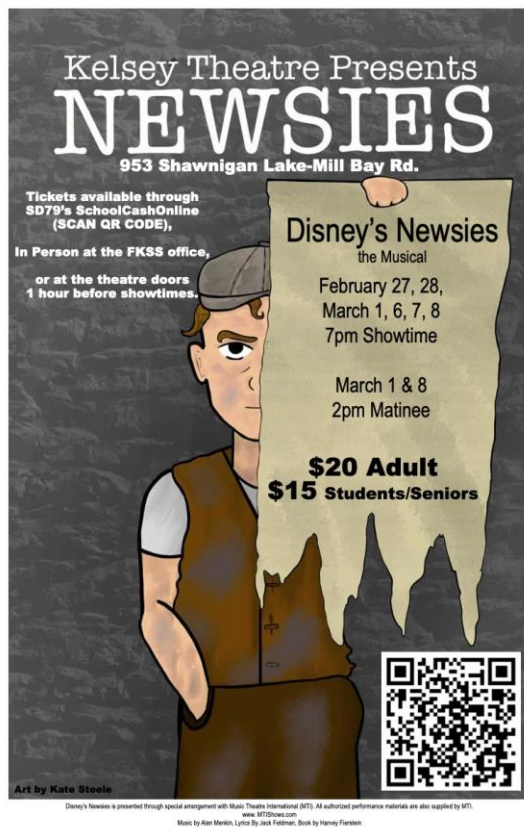
**BC Scholarship Society Indigenous Scholarships & Awards** - deadline to apply is 4:30PM (PST) on Wednesday, April 2, 2025. Details can be found on Main channels/2025 Grad teams Scholarship info.

**IMPORTANT** Scholarship/Bursary deadline is fast approaching. The deadline to hand in your packages to Norma is **NOON Friday, March 14th**. No exceptions. You should have requested your reference letters from the three (3) teachers you have chosen to write these for you. Please let Norma know next week how many transcripts you require for your bursary packages.

## **STUDENTS:**

Performances are tonight, March 1, 6,7,8 at 7 pm and March 1 & 8 at 2 pm.

Tickets are \$20 for adults and \$15 for students/seniors and can be found on schoolcash online or at the front desk of the school.



## **SPORTS:**

**Rugby 7's practice for all grades, BOTH** boys and girls on Tuesday at 3:30 - 5 on the top field. Bring your permission forms.

Junior Boys' First Game Tuesday Match 11th.

Girls First Game TBA

GOOOOOO Kelsey Rugby!!

**All Whalers apparel:** Please wash and hang dry all your Whaler's uniform (2 jerseys; 2 socks sets; pant shells) and bring them to Mrs. Gillis in a labeled bag with your first name and last name on it. Please only give them to Gillis in the Main Gym office.

## **CAREERS:**

**Work Experience 12** Students who have completed the WEX intro seminar, please check in at the Career Centre this week. For those students who have completed their 90 hours, please submit the remaining units to get WEX 12 credit on your transcript this school year. There is a prize for completion and BONUS SWAG all this month!!

**Dual credit courses** for next year- VIU has now released their timetable of academic offerings for next year. Get a head-start on your university studies by taking a dual credit academic course in your grade 12 year, sponsored by the district. Options include English 115, Psych 111, Crim 101, History 101 and more. See us in the Career Centre for more information.

**WorkBC** visit to FKSS March 5<sup>TH</sup> 10:20 AM – 11:00 AM in Career Centre  
Topics: Workforce after graduation. Register for Free Employment Services.

**UCalgary** visit to FKSS March 5<sup>th</sup> for Grade 11's during Q-Block in the Library.

**Summer employment** in the trades-Federal Student Work Experience Program at DND – Esquimalt 8 weeks of paid work experience from July 3 - Aug 27, 2025  
Available trades include Metal fabrication, welder, shipwright, pipefitter, electrician, sheet metal and more! Applications in the Career Centre – **deadline is April 4, 2025**

Check out the Job Board in Careers for new postings.