

FKSS WEEK AT A GLANCE – April (Liimus)7-11, 2025



Mon, Apr 7 ABCD Day 1	Tues, Apr 8 BADC Day 2	Wed, Apr 9 CQDAB Day 1	Thurs, Apr 10 DCBA Day 2	Fri, Apr 11 AFBCD Day 1
-Golf team starts today 3:30pm. -Ministry assessments all week.	-Grad council at lunch. -Track & Field starts today.	-Public Nurse in. -Parent night for next year's Gr 8 Families. 7pm.	-Rock Band evening show. 7pm in Theatre.	-Term 3 ends today.

PARENTS:

From ERASE: April 8th, 2025, Family Virtual Workshop on Safe and Caring Use of Technology

'uy' skweyul (Good day), FKSS Parents and Guardians,

We are excited to notify you of a valuable workshop from ERASE (**expect respect & a safe education**) designed to facilitate conversations about the safe and caring use of technology at home and in the community. This session is highly recommended for parents, caregivers, grandparents, and youth aged 10 and up.

Family Session Details:

- **Date:** April 8th, 2025
- **Time:** 6:30 PM - 7:30 PM PST
- **Format:** Remote - via Zoom
- **Duration:** 60 minutes
- **Registration Link:** Reserve your spot

Workshop Highlights:

- Understanding digital media habits, oversharing, and digital addiction.
- The permanence of online posts and activities.
- The significance of your digital tattoo and how it affects perceptions (e.g., sports teams, college admissions, and potential employers).
- The importance of caring for peers both online and offline.
- Geo-locational settings and the dangers of social media and cell phone misuse.
- The social and legal consequences of cyberbullying behavior, as well as the possession and distribution of intimate images (sexting and sextortion).
- An anonymous student reporting tool to help you and your friends stay safe both online and offline.

This session will cover all things digital, from being a good digital citizen to understanding the criminal consequences of cyberbullying, and how to report and receive support in cases of sexting/sextortion. They will also discuss some of the most prominent concerns currently surrounding the use of social media platforms, smartphones, and artificial intelligence.

This event is put on by **Erase "Expect Respect & A Safe Education."** Erase helps students, adults, and school staff in BC build safe, caring, and inclusive school communities. Please note that this workshop is organized by Erase and not our school. However, the admin team at FKSS highly recommends families to sign up for this informative session.

<https://www.eventbrite.ca/e/family-session-april-8-2025-remote-via-zoom-tickets-995631690187?aff=oddtcreator>

GRADS:

Please see Grad 2025 scholarship channel for - CST Foundation Awards - Closes April 2025.

Kieran Harper Memorial Bursary - deadline May 2nd. See details on the local scholarship listings on our website (#15). Hand in completed applications to Norma in the Counselling office.

Jaymie-Lunn Robertson Memorial Bursary Application is now open and has been added to Grad Teams.

On behalf of the Dry Grad Committee:

The next bottle drive is scheduled for May 3rd from 9:30-1:30pm at Evergreen. If you have empties to pick-up, please email fkssdrygrad25@gmail.com

STUDENTS:

Cowichan teachings for April. Hul'q'umi'num word for April is Liimus. "The time geese fly in a V formation".

Hwial'asmut tu tumuhw = Take Care of the Earth.

Ministry Assessments lists have been posted on the student information board.
Please check for your name.

The Interact club will be hosting a food drive in the dome from April 8th-18th. This easter themed event will help the community with struggles of hunger and food insecurity. We are accepting non-perishable items, and if you donate during lunchtime, you get the chance to enter to win an easter basket full of treats! The person with the most donations wins!

The Rock Band Classes are putting on their end of term concert on Thursday, April 10th in the FKSS Theatre. The show starts at 7pm (doors open at 6:30pm) and admission is by donation. Come and support these talented musicians and enjoy some live music!

SPORTS:

Track and Field: Practice starts next week on Tuesday and Thursday. They start at 3:30 at the sheds outside and end at 5pm at George Bonner.

Any students interested in participating in BC High School Mountain Bike Championships in Powell River, from May 21-23, 2025, should attend a meeting Tuesday, April 8th at lunch in Rm 118.

Volleyball Intramural starts soon.

Sign-up sheets are available in the office or see Mr. Achurch or Mrs. Zimmer.

South Cowichan Youth Softball runs from April 11-June 21st. Age groups 2019-2007. One weeknight practice and a weekend game. Please contact the CVRD at kprc@cvrld.bc.ca

CAREERS:

WEX deadline is April 22, 2025. Grade 12 students if you are needing WEX credits for graduation please have all your paperwork into Careers on April 22, 2025.

VIU academic dual credit applications due April 17, 2025. Grade 10 & 11's interested in taking a free post-secondary academic course next year? Stop in Career Centre for more information.

Seats still available for **Camosun TEAC 105** – Explorations in Technology. If interested, please stop in the Career Centre.