



COWICHAN VALLEY
School District

Behavior Intervention and Mental Health Support Planning ISP Tool Guide

The **Behavior Intervention and Mental Health Support Planning tool** is to be used collaboratively by school-based teams when assessing the level of functioning of students in this area. The tool *should not be used in isolation* from other sources of data and is meant to form part of an overall picture, or story, of the individual student being assessed.

The Behavior Intervention and Mental Health Support Planning tool is divided into four functional domains, each of which is explained below. When assessing impairment of functionality in each domain, the school-based team could refer to these suggested sources of data:

Full file review: incident reports, behaviour observations, report cards, achievement tests, IEP, BIP and support plans
Psycho-educational assessments and reports
Functional Behaviour Assessments (FBA)
Normative behavioural assessments such as Behaviour Assessment System for Children (BASC), Connor's, Achenbach, or other
Mental Health Assessments (MHA): CYMH, Physician/ Psychiatrist reports / assessments, including a medication review
Assessments and reports: Speech-Language Pathology (SLP), English Language Learning (ELL), Behavioural Specialist, Counsellor
Augmentative Communication, Adaptive Testing Scores, Medical / Audiological / Visual reports and evaluation
Level B academic assessments such as KTEA or other District learning inventories, DWW, FSA, etc.

When assessing a student in each domain, the school-based team should consider whether any impairment of functionality is mild, moderate, or complex according to the descriptors. If the descriptor set does not apply to the student being assessed, then it should be left blank.

The assessment also includes a summary of **Examples of Supports**. This checklist is not meant to be exhaustive but is a concise way for the school-based team to describe the level of support that may already be in place for the student.



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Behaviour Intervention/ Mental Illness Instructional Support Planning Process

Student Name: _____ Grade: _____ School: _____

DOB: _____ Date: _____

DOMAIN	STRENGTHS	NEEDS	A	B	C
SOCIAL/EMOTIONAL FUNCTIONING					
COMMUNICATION					
SELF DETERMINATION/ INDEPENDENCE					
ACADEMIC/ INTELLECTUAL					

*Team Decision: N/A = No impairment of functionality, A = Mild impairment of functionality, B = Moderate impairment of functionality, C = Complex and/or intense impairment of functionality.

Goals Developed to Address Needs Identified Above:

Objectives and Strategies to Address Goals Developed: (What interventions/services/strategies can maximize functioning?)

Data Sources to Monitor Outcome/s and Goal Achievement: (What are the outcomes? How useful were the interventions? How can the goals/strategies/services be improved for better outcomes?)

Review Date:

Name: _____

School: _____

Date: _____

SOCIAL/EMOTIONAL FUNCTIONING		
A (MILD)	B (MODERATE)	C (COMPLEX)
<input type="checkbox"/> Tends to interact/play with children much younger/much older	<input type="checkbox"/> Often interacts /plays with children who are much younger/older	<input type="checkbox"/> Exclusively interacts/plays with children much older /younger
<input type="checkbox"/> May use verbal aggression (words, volume, tone) to respond to conflict	<input type="checkbox"/> Often uses verbal aggression (words, volume, tone) to respond to conflict	<input type="checkbox"/> High frequency use of threats /verbal aggression (word, volume, tone) to respond to conflict
<input type="checkbox"/> May use physical aggression (hits, punches, kicks – or threatens to)	<input type="checkbox"/> Occasionally, physically aggressive (hits, pinches, kicks or threatens to)	<input type="checkbox"/> Frequent physical aggression (hits, pinches, kicks or threatens to)
<input type="checkbox"/> May attempt to cajole or intimidate others into participation in anti-social or inappropriate behaviours	<input type="checkbox"/> Occasionally cajoles or intimidates others into participation in anti-social or inappropriate behaviours	<input type="checkbox"/> Frequently cajoles or intimidates others into participation in anti-social or inappropriate behaviours
	<input type="checkbox"/> Strong tendency towards self-isolation	<input type="checkbox"/> Excessively withdrawn
		<input type="checkbox"/> Behaviours significantly worse in the absence of prescribed medications
		<input type="checkbox"/> Suicidal ideation/behaviour
		<input type="checkbox"/> Self-harm behaviour
		<input type="checkbox"/> Currently on a partial program due to behaviour concerns
		<input type="checkbox"/> Behaviours may present risk to self and others (frequently throws objects, hits, bites, screams, tantrums, flight risk). Needs a response plan (de-escalation plan and/or staff safety plan)

Name: _____

School: _____

Date: _____

A (MILD)

B (MODERATE)

C (COMPLEX)

STUDENT'S LEVEL OF FUNCTIONING

Student exhibits mild functional problems occasionally and intermittently	Student exhibits moderate functional problems not necessarily in every setting or at all times	Significant functional problems occur across multiple settings
<input type="checkbox"/> May follow most routines and transitions <input type="checkbox"/> May function independently in the school environment most of the time; may need some mild staff intervention <input type="checkbox"/> Needs some adult mediation/direction <input type="checkbox"/> Occasional reminders to engage in learning and/or leisure activities <input type="checkbox"/> May require assistance with some activities during transitioning <input type="checkbox"/> Interacts with peers; may need some mild social redirection <input type="checkbox"/> Some problems with social problem solving <input type="checkbox"/> Some lack of care of personal hygiene, disinterest in grooming/clothing <input type="checkbox"/> May have difficulty understanding feelings and rights of others <input type="checkbox"/> May make sexually related comments or engage in inappropriate behaviour with sexual overtones <input type="checkbox"/> May demonstrate some difficulties with impulse control <input type="checkbox"/> Disappointed with self	<input type="checkbox"/> Occasionally follows some but not all routines <input type="checkbox"/> Will occasionally initiate tasks and activities but may require support to complete <input type="checkbox"/> Needs frequent adult mediation/direction <input type="checkbox"/> Needs guidance to engage in learning or leisure activities <input type="checkbox"/> Requires assistance frequently during transitioning <input type="checkbox"/> Needs occasional direction/prompting around social skills/interactions with peers and adults <input type="checkbox"/> Frequent problems with social problem solving <input type="checkbox"/> Disinterest in personal grooming/hygiene <input type="checkbox"/> Careless of feelings or rights of others (destruction of property, vandalism, stealing), needs regular reminders <input type="checkbox"/> Often demonstrates difficulties with impulse control <input type="checkbox"/> Often personally discouraged	<input type="checkbox"/> Frequently does not follow routines <input type="checkbox"/> Little desire to achieve independence/rarely completes tasks without 1-1 support <input type="checkbox"/> Needs constant adult mediation/direction <input type="checkbox"/> Needs constant support to engage in learning or leisure activities or few leisure interests or skills <input type="checkbox"/> Requires continuous assistance during transitioning <input type="checkbox"/> Needs frequent direction/prompts around social skills interactions with peers and adults <input type="checkbox"/> All social problems require direct mediation <input type="checkbox"/> No regard for personal hygiene <input type="checkbox"/> No regard for feelings/rights of others or needs constant support to understand how their behaviour affects others <input type="checkbox"/> Sexual behaviour may be overt, repetitive, and significantly interferes with social functioning <input type="checkbox"/> Frequently demonstrates poor impulse control <input type="checkbox"/> Extremely disappointed with self, resulting in negative self-concept <input type="checkbox"/> Drug use may be overt, repetitive, and significantly interfere with functioning <input type="checkbox"/> Behaviour dangerous to self or others <input type="checkbox"/> Lack of "agency" (does not believe they have any power to make changes)

SELF-DETERMINATION

EXAMPLES OF SUPPORTS

A (MILD)	B (MODERATE)	C (COMPLEX)
<ul style="list-style-type: none"> Promote the development of positive attachments to adults/peers (<i>important to all students at all levels of functioning</i>) Some case management 	<ul style="list-style-type: none"> Promote the development of positive attachments to adults/peers (<i>important to all students at all levels of functioning</i>) Integrated case management 	<ul style="list-style-type: none"> Promote the development of positive attachments to adults/peers (<i>important to all students at all levels of functioning</i>) Extensive integrated case management
SOCIAL EMOTIONAL FUNCTIONING		
<ul style="list-style-type: none"> Some structuring of class routines (transition cueing, re-direction, token economies, quiet time, etc.) Use of peer/buddy system or small group to model social/emotional behaviours 	<ul style="list-style-type: none"> Consistent and structured class routines Frequent staff intervention to manage behaviour Direct interventions required to prevent or stop class disruption Very explicit behaviour intervention techniques (BIP) Specialized behaviour/counselling supports 	<ul style="list-style-type: none"> Intensive individualized programming use of supervised removal from classroom environment Unique and highly structured behavioural programming Ongoing interagency involvement (including psychiatric care)
COMMUNICATION		
<ul style="list-style-type: none"> Use of verbal/nonverbal cues to gain attention Some simplification of verbal instructions Monitoring understanding of instructions SLP consultation/support Preferential seating 	<ul style="list-style-type: none"> Instructional prompts, cues and signs Structured facilitated conversations Use of alternate forms of communication (visual cues, signs, pictograms, etc.) Verbal communication may need to be simplified (i.e. presented in stages, delivered at a slower pace) 	<ul style="list-style-type: none"> Constant, direct, structured supports Systematized communications strategies Extensive individualized support De-escalation planning Staff safety planning
SELF DETERMINATION		
<ul style="list-style-type: none"> Occasional reminders and prompts 	<ul style="list-style-type: none"> Frequent supervision Social skills training Some behaviour intervention regarding social behaviour Direct life-skills instruction Structured peer coaching 	<ul style="list-style-type: none"> Consistent, direct adult supervision Functional life-skills planning and skill development Skill development for independent living and referral into community resource programs
ACADEMIC/INTELLECTUAL FUNCTIONING		
<ul style="list-style-type: none"> Some adaptation and/or modification of curriculum Smaller group instruction and/or individualized instruction intermittently throughout the year Learning plan 	<ul style="list-style-type: none"> Significant modification of learning expectations (learning plan or IEP) Use of modified/adapted curriculum Structured feedback to give maximum praise/reinforcement for progress on individualized program High levels of practice and repetition (mastery learning) of functional curriculum 	<ul style="list-style-type: none"> Individualization of learning outcomes, goals and objectives (IEP) Adaptations and modifications are complex and highly individualized