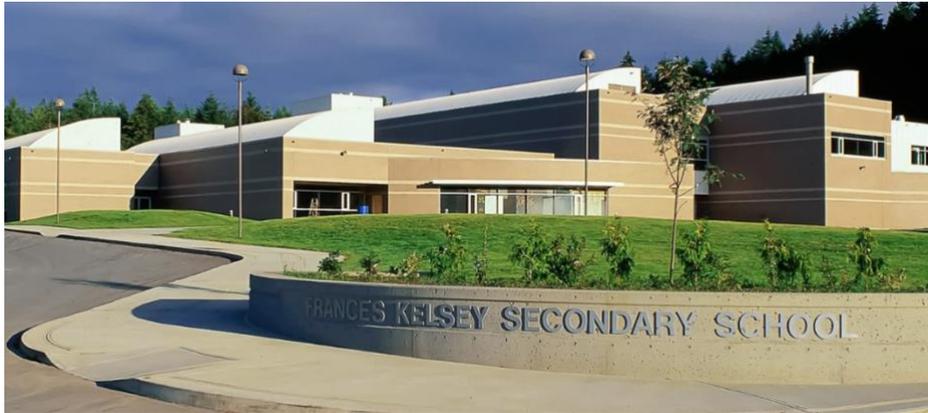


FKSS WEEK AT A GLANCE – December 15-19, 2025



Mon, Dec 15 AFBCD Day 2	Tues, Dec 16 BADDC Day 1	Wed, Dec 17 CQDAB Day 2	Thurs, Dec 18 DCBA Day 1	Fri, Dec 19 AFBCD Day 2
-Flex today. -Winter Spirit week: PJ Day.	- Who Hair / Winter Hat Day. -Jr. Volleyball intramurals. -Grad council will resume in January. -PAC Mtg 6:30pm library. -Sr Boys basketball vs. Ballenas.	- Character Wars, see below. -Q block today. -Public health nurse in.	- Jingle Bingo - Create & Connect youth group at lunch.	- Ugly Sweater Day. -Flex today. - Cafeteria closed today. - Last day of classes before Winter break.

PARENTS:

Please Help Us Grant Some Winter Wishes for Kelsey Families.

The students of Frances Kelsey would like your support to make sure a few of our families have a warm winter break and Happy Holiday Season. If you have a little extra to give this year, please consider supporting one of our own Kelsey Kids and their families. **Bring to the office or Rm. 229 by Dec 18.** Questions? Email mmarshall@sd79.bc.ca

Attached in the main email is a list of items that would be helpful.



Please Join Us

FKSS PAC Meeting.

Tuesday December 16th 7:00pm

FKSS Library

All Parents/Guardians are Welcome!

Come and have a say in how we support the school.

Check out our Facebook Page for Updates and Virtual Link for Meeting Access:

Frances Kelsey Secondary PAC

Minutes can be viewed on the FKSS Website Under the Parent Section

RPM HOCKEY  COMPANY LTD. EST. 1980

FRANCES KELSEY HOCKEY ACADEMY

SEPTEMBER 2026 - JANUARY 2027

Offered in partnership with RPM Hockey Company, Frances Kelsey Secondary & School District 79



CHARACTER • INTEGRITY • TRADITION

ABOUT THE ACADEMY



RPM & Frances Kelsey Secondary have developed a Ministry Approved program that provides students with the opportunity to obtain academic credit and pursue their sport of choice.

Academy is (coed, inclusive & available for all skill levels) Available for players Grades 8-12.

RPM has been the popular choice of Parents, Players & Minor Hockey for over 45 years and Public Education for 22 years! That says a lot about the work we do day in and day out, season after season and year after year!



2026 HOCKEY ACADEMY INCLUDES:

- Academy Format - Semester - Sept. 2026 to Jan. 2027
- Students can play minor hockey & school sports
- Professional Instruction
- On Ice Development
- Sport Specific Training
- Tactical/Game Play
- Performance Testing
- Guest Speakers & Workshops
- Complimentary Soft Goods
- Special Events
- Volunteer Experience
- Personal Growth & Leadership

ACADEMY COST \$1,565

Once you have registered online at www.rpmhockey.com you must also notify the school that you would like to join their hockey academy.

NEW PARENT - ZOOM MEETING

January 22 2026 at 7:00 pm
Meeting ID: 831 4341 5250
Passcode: 522178

Contact:

Frances Kelsey Secondary Hockey Academy	Corene Gillis	cgillis@sd79.bc.ca
Academy Administration	Craig Millin	craig@rpmhockey.com
Academy Administration	Holly Rogers	holly@rpmhockey.com
	Sam Porta	sam@rpmhockey.com



My son he has become an outstanding student as a result of mixing school with the sport he loves.

Putting my son in the Hockey Academy was the best thing I ever did for his hockey development and you can quote me. Parent - Midget Zone Player

My son went from Bantam C to Bantam AAA and he not only brings home great marks, he looks forward to going to school every day.

Building great kids in the classroom, on ice and in their community!

STUDENTS:

Winter Spirit Week

Get ready for the holidays with Kelsey's winter spirit week happening **December 15-19**

Monday: PJ Day

Tuesday: Who Hair / Winter Hat Day

Wednesday: Character Wars

- 8s: Elves
- 9s: Snowpeople
- 10s: Candycanes
- 11s: Gingerbread People
- 12s: Reindeer
- Staff: Grinches/ Clauses

Thursday: Jingle Bingo

Friday: Ugly Sweater Day

Frances Kelsey Theatre Presents...
in the year of 2026

Music by a bunch of sweet 80's bands

ROCK OF AGES

Book by Chris D'Arienzo
Arrangements & Orchestrations by Ethan Popp

TEEN EDITION

SICK STROBE EFFECTS AND THEATRICAL HAZE ARE USED IN THIS SHOW

PG-13
PEEP JOKES INCLUDED

JANUARY 15, 16, 17, 22, 23 & 24 @ 7PM
JANUARY 17 & 24 @ 2 PM

Tickets available on SchoolCash Online or at FKSS front desk

Adults: \$25 Students: \$15 Seniors: \$15

Frances Kelsey Theatre presents Rock of Ages show, tickets now on sale.

<https://sd79.schoolcashonline.com/Fee/Index>

Clubs on Monday:

DnD club Rm 221

Rainbow club P5

Clubs are posted daily on the whiteboard in the dome.

GRADS:

Grad Quote & Baby Pics for the yearbook are due before winter break. **Dec 19** is the final submission day. For GRAD QUOTE - complete the form:

[Yearbook Grad Quote! Deadline Dec 19th! – Fill out form](#) on teams.

To submit baby picture, email a PNG or JPG image to fkssyearbook@sd79.bc.ca
Include your full name in the subject line of the email.

SPORTS:

Volleyball Intramurals:

Jr schedule: Dec 16th- Playoffs

3rd vs 4th place game.

1st vs 2nd place game.

WHALERS:

Senior Whalers: Next game is scheduled for January 12 @ KP vs Ballenas at 1:50pm-2:48pm.

Junior Whalers: Wednesday, Dec 16 @ Westhills vs Belmont. Load SD79 bus at 10:40. Bus leaves at 10:50am. Arrive at 11:30am. Game from 12-1:30pm. Arrange own ride home.

From Kerry Park Recreation:

Yoga for Youth at Kerry Park

Grades 8 – 12

Build strength, flexibility, and focus in a supportive, low-pressure environment. This yoga class for youth combines movement, breathwork, and relaxation to reduce stress, improve posture, and boost mental clarity. No experience needed. Come as you are and leave feeling stronger, calmer, and more balanced.

FREE Trial

Wednesday | Jan 7 | 3:30 - 4:30 pm

1/FREE | Code: 108402

Instructor: Charlotte Fisher

KPRC - Mill Bay Hall

Wednesdays | 3:30 - 4:30 pm

Jan 14 - 28 | 3/\$30 | Code: 108400

Feb 4 - 25 | 4/\$40 | Code: 108407

Mar 4 - Apr 29 | 7/\$70 | Code: 108411

Instructor: Charlotte Fisher

No session Mar 18 & 25

KPRC - Mill Bay Hall

CAREERS:

Work Experience (WEX) WEX 12A (4 credits) & 12B (4 credits) Have a Job or volunteer outside school hours, sign up for WEX and get credits for working. To start WEX students need to participate in a seminar with Mrs. Webb, FKSS Career Counsellor. Seminars are in B block on Thursdays, please sign up in the Career Center. Reminder if you are already signed up to hand in completed units to Ms. Webb by Thursday. New prizes to pick from for completing.

