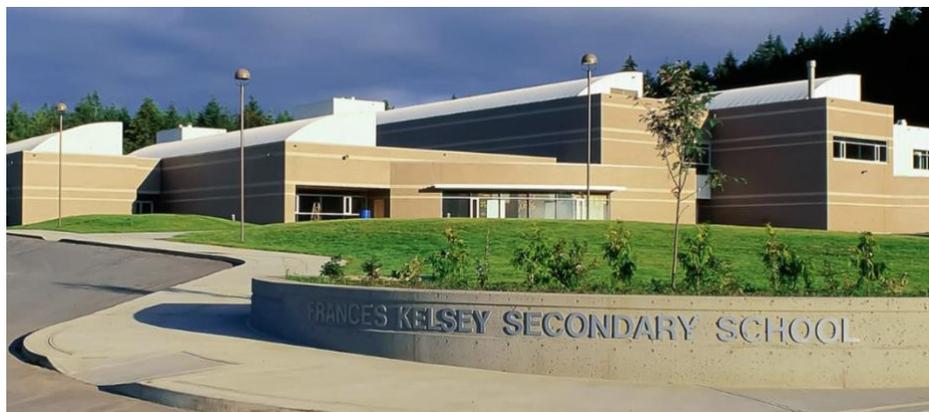


## **FKSS WEEK AT A GLANCE – February 9-13, 2026**



<b>Mon, Feb 9</b> AFBCD Day 1	<b>Tues, Feb 10</b> BADDC Day 2	<b>Wed, Feb 11</b> CQDAB Day 1	<b>Thurs, Feb 12</b> DCBA Day 2	<b>Fri, Feb 13</b> Pro-D Day
-Winter Activity Day mandatory meetings. See below. -Sr Whalers Game vs. Belmont at KP 1pm.	-Grad council Library. -Learning updates handed out. - Futsal Intramurals start today.	-Q block today. -Public health nurse in. -Whistler Trip mtg Rm 222 lunch. - Rugby training from 3:30-4:30pm.	-Winter Activity Day. Must be signed up to participate. -Classes running for students not doing WAD	<b>-Schools are closed.</b>

### **PARENTS:**

**Annual Budget Survey and Public Consultation for 2026-27:** The process for public consultation on the 2026-27 budget has now started.

The **Budget Survey is open February 6-27** on our district website

<https://sd79.bc.ca/district-news/2026-27-annual-budget-survey/>

There is also a **Public Budget Meeting on Tuesday, February 17<sup>th</sup> at 6 pm** in the Inspire Room at the School Board Office 2557 Beverly St.

**FamilySmart** (<https://familysmart.ca/>) and in person events for parents and caregivers.

Feb 18th 9:30-10:30 [Parenting When Our Kids Are Struggling](#)

Feb 24th 12:00-1:00 [Parenting When Our Teens Are Struggling With Their Mental Health](#)

FamilySmart also has a number of online events coming up this month

<https://familysmart.ca/online-events/>

## Hosting an International Student

Are you excited about the idea of welcoming a high school student from another part of the world into your home? Becoming a host family is a unique opportunity to share Canadian culture, form lifelong connections, and play a crucial role in a young person's educational journey in our community.

Our high school aged international students are eager to experience life in Canada. As a host, you'll provide a safe, supportive, and caring environment to help them thrive.

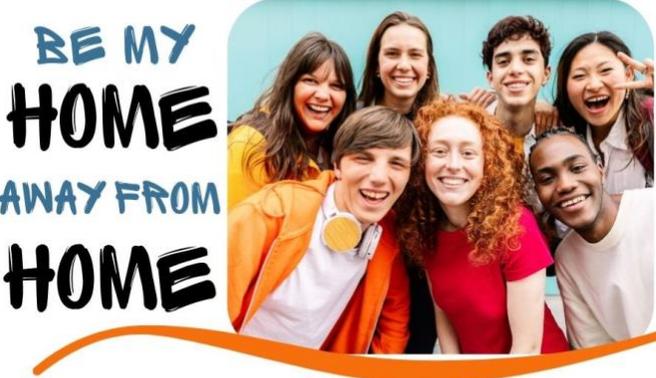
Families of all backgrounds are encouraged to apply—and hosts receive support and a monthly honorarium to ensure a successful experience for everyone involved!

We are actively recruiting new host families for September 2026! Now is the perfect time to apply and prepare to welcome a student into your home. Join us in creating unforgettable memories, making a difference in a student's life!

Apply today to make that difference! For more information, contact

[blanglois@sd79.bc.ca](mailto:blanglois@sd79.bc.ca) or apply here:

<https://www.studyincowichan.com/homestay-program/>



**BE MY  
HOME  
AWAY FROM  
HOME**

**HOMESTAYS NEEDED FOR HIGH SCHOOL  
INTERNATIONAL STUDENTS**

If you are an active family interested in hosting an international student from Europe and around the world contact us!  
Brenda 250-510-1436 / [blanglois@sd79.bc.ca](mailto:blanglois@sd79.bc.ca)

## GRADS:

GRAD PHOTOS: Here are the dates and times for Prestige's upcoming community Pop Up Studio days if you missed your grad photos. Prestige photo sessions are for graduates only.

### **Nanaimo area Pop Up Studio**

4355 Jingle Pot Rd, Nanaimo, BC

Prestige Grad Sessions

March 9<sup>th</sup> 10<sup>th</sup> and 11<sup>th</sup> 9:00 am to 3:00pm

Booking Link

[https://booknow.appointment-plus.com/1dqpqss6/?e\\_id=13271](https://booknow.appointment-plus.com/1dqpqss6/?e_id=13271)

### **Victoria area Pop Up Studio**

G. R. Pearkes Recreation Centre  
3100 Tillicum Road, Victoria, BC  
Prestige Grad Sessions  
March 18<sup>th</sup> and 19<sup>th</sup> 9:00 am to 4:00pm  
Booking Link

[https://booknow.appointment-plus.com/1dqpqss6/?e\\_id=13181](https://booknow.appointment-plus.com/1dqpqss6/?e_id=13181)

## **STUDENTS:**

**Learning Updates- Feb 10<sup>th</sup>** during the last 10 minutes of Block A, an announcement over the PA will direct students to go to their **Pick up teacher**. Once students pick up their Learning Updates, they are free to start their lunch.

Reminder that the class list of Pick up teachers is up on the wall by the counselling office.

**Looking for a club to join at school?** FKSS Clubs schedule is posted on our website  
<https://fkss.sd79.bc.ca/clubs-activities/>

**Friday, February 13th, is Professional Development Day.** Schools will be closed.

## **Winter Activity Day Meetings: Feb 9th, 2026**

Students need to attend a **mandatory meeting** at the beginning of **flex block on Monday, Feb 9<sup>th</sup>** for important trip information. These meetings should only take 10-15 minutes.

Duncan Swimming/Bowling: Rm 158

Tsawwassen Mill Mall: Rm 126

Vancouver Aquarium: Rm 223

## **Seek & Sort Tuesdays—now in Room 125!**

Starting Feb.10, swing by Tuesday mornings in B block for help getting organized with Ms. Windecker & Ms. Barker. Lost papers welcome. Jokes encouraged.

**HEY!**

Is organization not your thing? Is your binder a black hole that disappears assignments? Do you even have a binder? *If this is you, we can help!*



**When?** 9:15 am every Tuesday (B block)

**Where?** Room 125

**What?** Support getting organized

**Why?** Because getting organized is a skill, NOT a superpower!

**Whistler Trip meeting** on Wed, February 11 in room 222 at lunchtime.

**Rainbow Club will be selling "Rainbow Valentines"** Cards and candy for \$2 in the Dome at lunch? They will deliver the cards and candy on Wednesday the 11th.

**Some students in second semester** do not have a textbook to use because many textbooks from semester 1 have not been handed in. Please have consideration for your fellow students who need to use those books and return them to the library.

**Fundraising Committee will be hosting bake sales** lunchtime every Friday from February 6 to March 6 to fight racial discrimination. Enter to win a \$30, \$20, or \$10 Kelsey Kafe/ Munchies gift card when you purchase a \$2 treat. A Freestyle Dance Competition will be held on the last bake sale day (March 6) where the top three performances can win a Kelsey hoodie, \$20 cash, or \$10 cash. Enter by purchasing a \$2 treat. Duos and solos are welcome and will be asked to dance to a random song. Dances will be rated by a panel of three judges.

**Kelsey Gear** can now be picked up at Munchies during flex. Bring your receipt to pick up. Also, Pink Hoodies and Kelsey Workwear are coming soon. Stay tuned.

**It's that time of year! Time to register for the TC 10K** happening in Victoria April 26, 2026. Register here: <https://raceroster.com/events/2026/104489/37th-annual-tc10k-powered-by-runsport> For the discounted price use our team name: **Frances Kelsey Breakers**. See Mrs. G in Room 135 if you have questions. Note: Select your t-shirt size when registering for our team. If we get 10 people registered, shirts will be at FKSS Friday, April 24 for pick-up. If not, you will have to pick up your own shirt in Victoria before race day.

**Cowichan Valley Youth Services:** CVYS is excited to welcome youth (13-18) for an afternoon of creativity, snacks, and community at our "Hearts Without Limits" gathering. Decorate cookies and make cards for people you love, care about, or appreciate, in a welcoming space for 2SLGBTQIA+ youth and allies. Wednesday, February 11, 3:30 pm to 5:00 pm. A late lunch/light dinner will be provided. **Please reach out and let us know if you would like to sign up** by calling [250-748-0232](tel:250-748-0232) or by email at [office@cvyouth.ca](mailto:office@cvyouth.ca)

Yearbook Photo Schedule below. Don't miss out on your timeslot.

**SPORTS TEAM PHOTOS – OUTSIDE OF ROOM 229**

PLEASE NOTE THAT THERE IS ONLY ONE OPPORTUNITY FOR A TEAM PHOTO TO BE TAKEN. ONCE THE PHOTO IS TAKEN, THERE ARE NO REDOS. DO NOT MISS YOUR TIME SLOT.

Date	Monday, March 2	Tuesday, March 3	Wednesday, March 4	Thursday, March 5	Friday, March 6
Time/ Block	D (2:08-3:15)	D (12:31-1:51)	D (11:03-12:10)	D (9:00-10:20)	D (2:08-3:15)
Team/ Group *Yellow goes first, blue goes second	Grade 8 Girls Volleyball Grade 9 Girls Volleyball	Grade 10 Girls Volleyball Senior Girls Volleyball	Cross Country Girls Field Hockey	Junior Boys Soccer Rugby	Spring Soccer Track & Field

**SIBLING/ FAMILY PHOTOS, FRIEND PHOTOS – IN THE DOME**

A backdrop will be set up in the dome for friend and family photos (this includes sibling photos) during lunch throughout this week. Once the week is over, there will be no other opportunities for these photos to be taken.

Date	Monday, February 23	Tuesday, February 24	Thursday, February 26	Friday, February 27
Time/ Block	Lunch (12:10-12:55)	Lunch (11:43-12:28)	Lunch (11:43-12:28)	Lunch (12:10-12:55)
Group	Sibling/ Family Friends	Sibling/ Family Friends	Sibling/ Family Friends	Sibling/ Family Friends

**CAR & DRIVER PHOTOS – GRAD LOT**

SEE QR CODE ON GRAD LOT DOOR TO SIGN UP. PLEASE NOTE THAT ONCE YOU HAVE SELECTED A TIME SLOT, THAT WILL BE YOUR ONLY OPPORTUNITY TO HAVE YOUR PHOTO TAKEN.

Date	Monday, March 2	Tuesday, March 3	Wednesday, March 4	Thursday, March 5	Friday, March 6
Time/ Block	D (2:08-3:15)	D (12:31-1:51)	D (11:03-12:10)	D (9:00-10:20)	D (2:08-3:15)

**SPORTS:**

**Monday, February 9: Senior Whalers vs Belmont at Kerry Park: 1:00-2:48.** The concession will be open. Teachers are invited to bring their classes to watch our final home game. After that: Ross Cup Feb. 18-20. Schedule will be posted.

**Futsal Intramurals** start on Tuesday, Feb 10<sup>th</sup>. Check the Gym doors for the schedule.



## SOUTH COWICHAN YOUTH SOFTBALL

This league is for new and experienced players looking to get out and play some softball. Players need their own glove and batting helmet with face mask; all other equipment is provided. All players will receive a team shirt and a team and individual picture.

<p><b>SENIOR</b> Born 2012 - 2014</p> <p><b>APRIL 11 - JUNE 20</b> SATURDAYS &amp; TUESDAYS <small>(NO SESSION JUNE 13)</small></p> <p><b>EARLY BIRD \$85   REG \$95</b> CODE: 108369</p>	<p><b>MAJOR</b> Born 2008 - 2011</p> <p><b>APRIL 15 - JUNE 20</b> WEDNESDAYS &amp; FRIDAYS <small>(NO SESSION JUNE 12)</small></p> <p><b>EARLY BIRD \$85   REG \$95</b> CODE: 108396</p>
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KERRY PARK SPORTS FIELDS & SHAWNIGAN HILLS ATHLETIC PARK

### UMPIRES

Interested youth umpires (aged 14+) are needed for officiating lower divisions. Umpires are required to have a keen understanding of the game, we supply certification. Umpires are paid.  
Contact shannon.mckinlay@cprd.bc.ca for full details.



**KERRY PARK RECREATION CENTRE**  
250.743.5922 | www.cprd.ca  
kprc@cprd.bc.ca | @cprdrec

## CAREERS:

**The Trades Awareness, Skills & Knowledge (TASK program) is now open for 2026–2027 applications!** If you're interested in a career in trades, TASK will help you make an informed decision about which trade is the best fit for you. Explore four trades areas: carpentry, electrical, metal trades and plumbing. Drop by the Career Center to apply—**limited seats available**. Selections happen in **May 2026**, so don't wait!

### Attention Grade 11 & 12 Students!

Interested in a summer job in the Trades? **The FSWEP program** is now accepting applications for summer positions at Fleet Maintenance Facility Cape Breton in Esquimalt, BC. Application Deadline: April 6, 2026. Pick up your application package in the FKSS Careers Office before the deadline — please note it's a large application package, so give yourself plenty of time to complete it.

### University of Calgary

Effective Fall 2026, the Faculty of Nursing is implementing a lottery admission process for its main campus Bachelor of Science in Nursing (BScN) program. For Fall 2026, the competitive admission averages will be as follows:

- High school admission: 82.0% (use to be 92%)
- Transfer: 3.00 GPA

For more information visit <https://ucalgary.ca/future-students/undergraduate/admissions/nursing?>

March 1, 2026 deadline to apply and also for UCalgary's [High School Entrance Award application](#)

### Volunteer Opportunity: THE 2026 MS BIKE – Cowichan Valley.

Date: Saturday, Aug. 8, 2026

Student Volunteer Roles:

- Site Coordinator – Support the start/finish area
- Rest Stop Coordinator – Manage and assist at rest stops
- Route Coordinator – Help with route setup and logistics

Interested? Email Elena Doricic-Luton at [elenadoricic-luton@mscanada.ca](mailto:elenadoricic-luton@mscanada.ca).