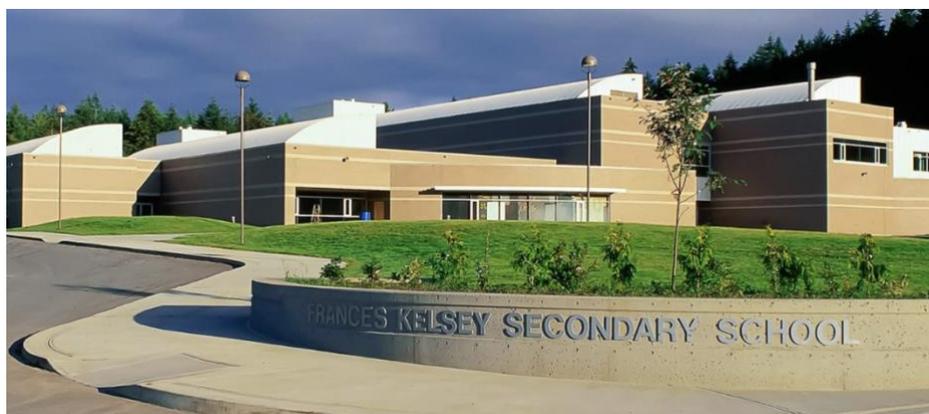


FKSS WEEK AT A GLANCE – January 12-16, 2026



Mon, Jan 12 AFBCD Day 2	Tues, Jan 13 BADDC Day 1	Wed, Jan 14 CQDAB Day 2	Thurs, Jan 15 DCBA Day 1	Fri, Jan 16 AFBCD Day 2
-Ministry Assessments this week and next week. Gr10 & 12. - Winter Activity Day meetings during flex.	-Grad council. -Winter Activity Day forms may be handed in starting at 8:30am. -Whalers hockey game Sr vs BCS at SLS.	-Q block today. -Public health nurse in. -Whistler Ski trip mtg at lunch Rm 222.	- Create & Connect youth group at lunch. - Rock of Ages performance opening night! Tickets required. - Girls Hockey game at SLS vs BCS.	-Flex today.

GRADS:

Grad Portraits second opportunity/retakes are coming to your school from January 26-29, 2026. Prestige Portraits is ready to welcome any students who didn't have a portrait session during their first visit to the school as well as any that requires a retake. There are two ways to book a session:

First timer session:

Please book online using the school postal code.

<https://schedule.prestigeportraits.ca/schedule/home.html>

Frances Kelsey's Postal code is V8H 1G3.

Retakes (please note that these students won't be able to book online and must call directly): Please contact **Customer Service:** 866-457-8212

Weekdays: 6:00 AM – 4:00 PM PST

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- **Free Retakes:** Students who are unhappy with the quality of their images or experienced technical issues will receive a retake session at no cost.
 - **Paid Retakes:** Style changes such as a new haircut, hair color, glasses, or similar updates will be charged at the regular session fee.

STUDENTS:

Ministry Assessment lists are posted by the student information board. Grade 10-12 please look for your name and record the date if your name is posted. Assessments are running from January 12-22nd. An email was emailed home on January 8th with information.

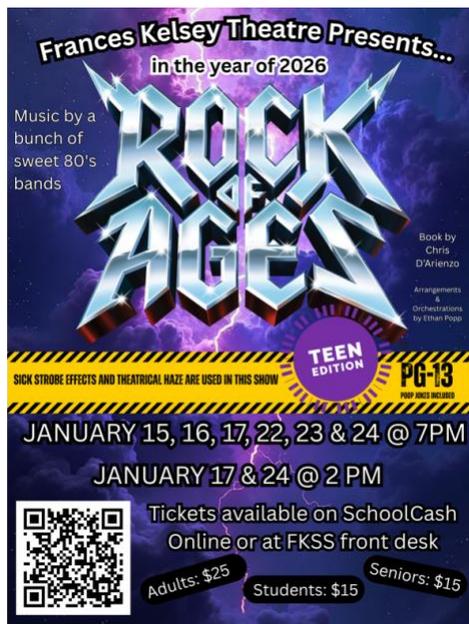
Important Whistler Ski trip meeting on Wed, Jan 14 in room 222. Please bring your permission slips and any other paperwork.

Attention Grove Students, Allana Shillito from the Grove will be at FKSS (in the Careers Centre) at the following dates and times to offer support and supervise assessments:

February 6, 9:00 - 11:00

March 13, 9:00 - 11:00

It is expected that all students taking online course at the Grove check in with her and prioritize this time to write Grove assessments.



The kids in Frances Kelsey Theatre are at it again, bringing high energy entertainment to the community. This year's show is ROCK OF AGES: teen edition. A trip down memory lane to a simpler time when hair was big and love was simple.

The Broadway musical Rock of Ages tells a love story between a small-town girl and a city boy set against the backdrop of 1980s Hollywood's Sunset Strip. The musical features the music of Foreigner, Whitesnake, Poison, Twisted Sister, Styx (and more) and promises '80s rock anthems and power ballads, including "Every Rose Has Its Thorn," "I Wanna Know What Love Is," "Here I Go Again," and if you don't stop believing...maybe you'll hear even more...whether you're dead or alive.

The kids have been working hard to put this show together, and it's the most excellent ride into the past! Bring all your friends! Tickets are \$25 for adults and \$15 for seniors/students. Get your tickets at Schoolcash online (link below), or at FKSS office.

<https://sd79.schoolcashonline.com/Fee/Index>

It's that time of year! Time to register for the TC 10K happening in Victoria April 26, 2026. Register here: <https://raceroster.com/events/2026/104489/37th-annual-tc10k-powered-by-runsport>

For the discounted price use our team name: **Frances Kelsey Breakers**. See Mrs. G in Room 135 if you have questions. Note: Select your t-shirt size when registering for our team. If we get 10 people registered, shirts will be at FKSS Friday, April 24 for pick-up. If not, you will have to pick up your own shirt in Victoria before race day.

Join Model United Nations Club at FKSS- We meet Thursdays in room 123

Model United Nations is an exciting simulation of international diplomacy and the actual United Nations. It is a chance to represent a country to engage in debate and discussions with other nations to address pressing global issues. Delegates immerse in the art of negotiation, forge alliances, and advocate for the interests of their nations, all in pursuit of fostering global cooperation toward implementing solutions. Each delegate has the power to play a pivotal role in shaping the outcomes of discussions and influencing the decisions made by their respective committee.

- Builds skills useful in school and life
- meet new people and go to conferences all over the island
- looks great on post-secondary and job application
- great if you have an interest in history, current events, law and politics, social justice and role-playing games
- learn the art of negotiation and getting the deals you deserve!

Upcoming conferences: (See Mrs. O'Hara for more information)

February -VICMUN (university of Victoria MUN conference) Feb 28 (sat) Register by Jan 23

March -Queen MUN (QMS) March 7th (info to come)

April - PCSMUN will be held on Saturday April 18, 2026, with two beginner-friendly committees each with maximum 35 delegates. Register by Feb 6th.

May - NMUN (Nanaimo MUN) (mid may)

June - BMUN- BRENTWOOD SCHOOL- JUNE

SPORTS:

Whalers hockey game Seniors vs BCS at SLS. Load SD79 bus at 12:30pm. Arrange own ride home.

🏒 Girls Ice Hockey 🏒 :

Thursday, January 15: Game with LCS at Shawnigan Lake School vs BCS. 2:00-3:15pm. See Mrs. G. for more details. Spots are now filled.

CAREERS:

Work Experience students- If you've already taken the WEX seminar, this is your friendly reminder to hand in your Unit 3 ASAP! and for those superstar students who have completed all 90 hours—great job! Be sure to submit your remaining units so you can lock in your WEX 12 credit. **BONUS:** Everyone who completes their requirements this is eligible for a prize *plus* some bonus swag! Don't miss out!

Thinking About a Future in the Trades?

We're now accepting **TRADES AWARENESS, SKILLS & KNOWLEDGE (TASK)** applications! Interviews for next year will take place in the spring, so this is the perfect time to get started. If you're curious about entering the Trades field, TASK is an amazing way to explore your options, build confidence, and learn what to expect before you take the next step. Come by the **Career Centre** to pick up your TASK application—your future in the Trades could start here!

Grade 12's Scholarship and Bursary Information- Come to the Career Centre for help with your scholarship and bursary applications. The deadline to submit is the last day before spring break, Friday, March 13th.

New opportunity for dual credit academics: The uStart program at the University of Victoria is for high-achieving students from Cowichan Valley School District (SD79) who want to take courses at UVic during Grade 12.

- Receive elective credit toward your high school diploma and university credit from UVic.
- Get a head start on your post-secondary studies with your tuition paid by SD79.

If you're thinking about applying, talk to your high school's career centre as soon as possible in your Grade 11 year. You'll need their assistance to prepare your application.

Winter Activity Day:

Your child will have an opportunity to participate in one of the following activities on Winter Activity Day if they choose to. There is no required curriculum content or assessment attached to these field trips. Permission slips and further details will be given directly to students at meetings for each activity on Monday, Jan 12th, 2026. Please note that an activity may be cancelled due to lack of interest and some transportation prices may increase if there are fewer students per bus. This is a regular school day. Those students not participating in a field trip will be able to work under teacher supervision. School bus service will be at normal times. This activity is considered an extra-curricular activity and is optional. It is not evaluated or part of curriculum requirements. If you wish your child to participate and the cost is a concern, please contact Kevin van der Linden,

Principal. (kvanderlinden@sd79.bc.ca)

Skiing (Mt. Washington)

Leave Kelsey at 6:00 a.m., using Chartered buses. Arrive at Mt. Washington Alpine Resort just after 8:00 a.m. Ski until 3:00 p.m. Leave Mt. Washington by 3:30 p.m. and arrive at Kelsey between 6:30 and 7:00 p.m. **Students must be picked up from FKSS by parents.** Cost will range from \$105 (own equipment and lift ticket) to \$155. Students are responsible for all materials and food costs. **Helmets are mandatory.** All transportation costs are non-refundable.

Snowboarding (Mt. Washington)

Leave Kelsey at 6:00 a.m., using Chartered buses with videos. Arrive at Mt. Washington just after 8:00 a.m. Snowboard until 3:00 p.m. Leave Mt. Washington by 3:30 p.m. and arrive at Kelsey between 6:30 and 7:00 p.m. **Students must be picked up from FKSS by parents.** Cost will be range from \$105 (own equipment and lift ticket) to \$155. Students are responsible for all materials and food costs. **Helmets are mandatory.** All transportation costs are non-refundable.

Snowshoeing/Tubing (Mt. Washington)

There may be an opportunity for snowshoeing and tubing as an activity out of Raven's Lodge at Mt. Washington. This will be confirmed closer to the day. Students will travel on the same buses as the ski and snowboard groups. Students will not arrive back to FKSS until approx 6:30pm. **Students must be picked up from FKSS by parents.** The estimated cost is \$130.00 and includes snowshoe rentals and tubing time. Students are responsible for all food costs. All transportation costs are non-refundable.

Bowling, Swimming, and a Movie at FKSS (Duncan)

Students will be travelling by school bus (9:00 a.m.) to Duncan where they will participate in a fun game of bowling at the Duncan Lanes and then an opportunity to swim and play at the Cowichan Aquatic Centre. Students will be in Duncan during lunch but will have limited time between excursions. Return to school for a movie in the FKSS theatre. Cost is approximately \$30.00.

Vancouver-Vancouver Aquarium

Students will be traveling by bus to Horseshoe Bay Ferry Terminal. They will meet on the other side to bus to Vancouver Aquarium. Students will depart Vancouver Aquarium at 1:30 to arrive at Horseshoe Bay Ferry Terminal and catch the 3:45pm ferry to the Island. **Students will arrive to FKSS at 6:30pm and must be picked up by parents.** Cost is approximately \$90.00.

Victoria Art Gallery

Students will be traveling by bus to the Victoria Art Gallery. Students need to be prepared for a full day of walking and standing. There will be some independent small group time for lunch at the Bay Centre.

Exhibits at the Art Gallery will include:

- Dangerous Beauty: The Prints of Albrecht Dürer
- 50 Shades of Ink: Ink Paintings from the AGGV Collection
- Sheeshe'ch tharer: A Crack in the Mirror

While at Bay Centre students can choose to view the Mark Loria Gallery and/or Legacy Art Gallery, both are one block away. Cost is \$35.00.

Malahat Skywalk/Movie at FKSS

Students will be traveling by bus to the Malahat Skywalk and then returning to Kelsey for a movie in the Theatre. Students will have the chance to visit the new Malahat Skywalk and see the incredible views. They will also be able to try the crazy slide going down the middle of the Skywalk and the suspended net at the top. Students will return to the school for a movie in the theatre. Cost is approximately \$35.00.

Tsawwassen Mills Mall Visit

Students will need to be at school by 7:00am. They will be travelling by bus to the Swartz Bay ferry terminal. They will walk onto the ferry and be met by charter buses in Tsawwassen to travel to the mall. Students will be responsible for all food and purchases while on this trip. Students will return to the Tsawwassen Ferry Terminal to catch the 5:00pm ferry back to the Island. **Students will arrive to FKSS at approximately 7:30pm and must be picked up by parents.** Cost is approximately \$50.00.

Indoor Climbing at Brentwood College/Movie or Games at FKSS

Students will be walking down to Brentwood College to meet with certified climbing instructors for an hour and a half of instruction. Once finished, they will have the chance to eat lunch (at their personal cost) down in Mill Bay before returning to FKSS. Once back at the school, students have the chance to join the board game room or the movie being shown in the theatre. Cost will be approximately \$25.00

The meetings on January 12th will be held in the following rooms.

Vancouver Aquarium: Room 223 (Livingstone)

Skiing: Library (Huck)

Snowshoeing: Art Room 148 (Scheer)

Snowboarding: Room 220 (Lindsay/Hillyard)

Victoria Art Gallery: Rm 229 (Marshall)

Duncan Swimming/Bowling/Movie: Room 132 (Lee)

Brentwood Climbing Trip/Games/Movie: Room 126 (S. Simmons/T. O'Hara)

Malahat Skywalk/Movie: Rm 122 (J. Robinson)

Tsawwassen Mills Mall: Rm 1656(B. Simmons)