FKSS WEEK AT A GLANCE – Nov 9-13 2026



Mon, Nov 9 AFBCD Day 1	Tues, Nov 10 BADC Day 2	Wed, Nov 11 HOLIDAY	Thurs, Nov 12 DCBA Day 1	Fri, Nov 13 AFBCD Day 2
-Flex block. -Pizza at lunch. -yearbook hosting special grad photos this week C block.	-Remembrance Day ceremony 11am.	-Remembrance Day. Schools are closed.	- PSI Day for Gr 11&12. -Writer's Guild Workshop. -Last day of term 1.	-Flex block. -Pizza day. -Term 2 starts. -X3 starts for Gr 8 C & D blocks.

STUDENTS:

Bell Times for Remembrance Day Assembly: November 10th.
Block B: 8:55-9:47
Block A: 9:49-10:40 - classes will be called to the Big Gym beginning at 10:40
Assembly: 11:00-11:43
Lunch 11:43-12:28 (Lunch will be adjusted accordingly if the assembly runs late)
Block D: 12:31-1:54
Block C: 1:57-3:20

Post Secondary Institution sessions are on November 12th for grade 11 and 12 students. Student sign-up happened on Wed. Nov 4th in Q block with a QR code. Please see Norma in Counselling if you are having troubles signing in. Grade 11 and 12 students will visit the presentations of 2 Post Secondary Institutions during D block on Thursday, Nov 12. During C block, classes are invited to come to the Dome to tour the Mini Fair (table/information stations) for each of the Post Secondary Institutions. Universities/colleges attending are; VIU, Camosun, SFU, UVIC, Emily Carr, UBC, Royal Roads, North Island College, Langara College, Trinity Western, Canadian Coast Guard Academy, Canadian Armed Forces/Royal Military College.

On Thursday, November 12 during A block, the Writers' Guild will be hosting a workshop with poet Paige Pierce on video poems ahead of the Cowichan Foundation's MC Poetry Contest. The MC Poetry contest offers substantial cash prizes ($5000, $2500, $1000) for local student poets who submit visual poems to the contest. If you would like to attend this workshop, please let Mr. Owen know so that he can notify your A block teacher.

GRADS:

Yearbook Special Grad photos are being taken during C Block from Nov 9-13. Grads come get your photo taken for a special yearbook grad only project. Get permission from your C block teacher before coming up.

SPORTS:

Intramural volleyball has started. Seniors play on Tuesdays at lunch, Juniors Thursday at lunch. The schedules are posted in the main office window. We are looking at changing the days.

Attention students interested in joining the Whistler Ski/Snowboard trip: we need to delay payments/handing out permission forms to confirm some details for our trip. We hope to have permission forms ready by Thursday, Nov. 12th, and that the Cash Online will open Monday, Nov. 16th at 5pm. Please stay tuned for Newsbreaker updates or talk to Ms. Janes or Ms. Steele for more information. Thank you for understanding!

CAREERS:

CAREER FIELD TRIPS TO CAMOSUN:

Indigenous Learners' Day – Wed. Nov. 25th@ Camosun College Interurban Campus. Great opportunity for Indigenous students to get hands-on experience with various trades. Sign up in the Career Center if you are interested in going.

Health X Day - December 4th. 9:30 AM - 12:30 PM Explore exciting dual credit health care pathways at Camosun College's Interurban Campus!
Learn about a variety of health programs, tour the campus, and discover career opportunities in the health sector. See the Career Centre for details and sign up!

VIU Shadowing Opportunities – DEADLINE TO SIGN UP NOV 30TH Interested in health care or helping professions?

Nursing (NURS 201) Shadowing at VIU

- Friday mornings this spring (8:30–11:30 a.m.) in Nanaimo
- Students must arrange their own transportation
- Only 2 spots available per week

Child & Youth Care Shadowing

- Opportunity coming this spring
- Details to follow
- Limited space available

Sign up ASAP in the Career Centre to reserve your spot!

VIU INFO WEEK NOV 9-13, explore a variety of online information sessions and open houses to learn about programs, connect with faculty, explore career pathways, understand admission requirements, and get your questions answered. Sessions cover a wide range of fields, including business, education, arts, science, technology, and natural resources. Explore the schedules and sign up at: https://connect.viu.ca/info-week?utm_source=counsellor_newsletter&utm_medium=email&utm_campaign=infoweek2026

VANCOUVER FILM SCHOOL – **December 5th** Live Auditions – Fast track your enrolment to VFS's acting programs. Visit https://vfs.edu/content/vfs-live-audition-info-session-tour

UVIC OPEN HOUSE November 28 - **Explore UVic** is our biggest open house of the year! High school students and families are invited to come experience *all of UVic, all in one day* – including unique sample lectures, student panels, interactive tours, information fairs and more.

Gustavson School of Buisness @ UVic - Finance 101: personal finance for students preparing for college & university Workshop

Join Gustavson's Michael King for an engaging session on managing money, building credit, saving and investing. Learn practical skills to prepare for university life and future financial independence. **Thursday, November 19, 2026, at 5:30 p.m. or Friday, November 20, 2026 at 10 a.m. Register at:**
https://uvic.zoom.us/meeting/register/vxKKR4eyTmyLH6mg1LKgvw#/registration

POST SECONDARY EVENTS: https://www.postsecondarybc.ca/events/ **FOR UPCOMING INFO SESSIONS & OTHER VIRTUAL EVENTS** What's post-secondary education all about? Is it about choosing a specific career? Or is it about developing the skills you need to become successful in any number of different jobs and careers?

Summer Training Program for Indigenous People with the Canadian Armed Forces
https://forces.ca/en/programs-for-indigenous-peoples/summer-programs/

Indigenous Leadership Opportunity Year (ILOY) with the Canadian Armed Forces
https://forces.ca/en/programs-for-indigenous-peoples/aloy/

Got a Job? Get Credits! Working or volunteering outside school? You could earn WEX credits. Stop by Careers for details!

DUAL CREDIT = DOUBLE THE CREDIT!
Earn high school + post-secondary credits at the same time! Explore trades, academics & career pathways while saving time and tuition. Visit the Career Centre to learn more!

UVIC – U-Start program The uStart program is for high-achieving students from who want to take courses at UVic during Grade 12. Make an appointment in Careers if interested. For more information visit:
https://www.uvic.ca/undergraduate/admissions/categories/ustart/index.php

INTERESTED IN THE TRADES? TASK 2027–2028 Applications are OPEN!
Current Grades 10 & 11. Sign up NOW in the Career Centre!

COMMUNITY INFO:



Dry Grad Parent Committee is holding a bottle drive on Saturday, November 7th. Please message fkssdrygradfund@gmail.com

